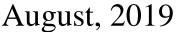


Breakfast & Snack August, 2019







			0 /	
			8/1 Rice Crispies Fresh fruit	8/2 +Apple oatmeal
			+Whole wheat pita pizza with Cheese	+Soft breadsticks Cheese cubes
8/5	8/6	8/7	8/8	8/9
+Rice Chex	Cinnamon bagel w/butter	+Kix	Bran muffin	+Blueberry-peach oatmeal
Fresh fruit	Fresh fruit	Fresh fruit	Fresh fruit	
Graham cracker	Saltines	Flatbread	Diced pears	Whole wheat pita bread
Diced peaches	Cherry/vanilla yogurt	Sliced cheddar	Cereal snack mix	Cucumber slices
8/12	8/13	8/14	8/15	8/16
+Whole wheat flakes	+Wheat bagel w/cream cheese	+Cheerios	Rice Crispies	+Apple oatmeal
Fresh fruit	Fresh fruit	Fresh fruit	Fresh fruit	~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~
Wheat thins	Vanilla yogurt with	Soft pretzel	+Whole wheat pita pizza with	+Soft breadsticks
String cheese	Granola	Applesauce	Cheese	Cheese cubes
8/19	8/20	8/21	8/22	8/23
+Rice Chex	Cinnamon bagel w/butter	+Kix	Bran muffin	+Blueberry-peach oatmeal
Fresh fruit	Fresh fruit	Fresh fruit	Fresh fruit	
Graham cracker	Saltines	Flatbread	Diced pears	Whole wheat pita bread
Diced peaches	Peach yogurt	Sliced cheddar	Cereal snack mix	Cucumber slices
8/26	8/27	8/28	8/29	8/30
+Whole wheat flakes	+Wheat bagel w/cream cheese	+Cheerios	Rice Crispies	+Apple oatmeal
Fresh fruit	Fresh fruit	Fresh fruit	Fresh fruit	
Wheat thins	Vanilla yogurt with	Soft pretzel	+Whole wheat pita pizza with	+Soft breadsticks
String cheese	Granola	Applesauce	Cheese	Cheese cubes

⁺ Whole grain