  **SEPTEMBER 2018** 

**Camp Amgen North Snack Menu \*All Snacks are Nut & Sesame Seed Free**

**FOR ALL ROOMS \*Please note, all rooms are included on this sheet \*Milk (Toddlers-whole; Ages 2 to 5- 1%)**

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| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **HAPPY LABOR DAY**  **CAMP AMGEN**  **CLOSED** | **4**  **am-** Corn Chex Cereal  **pm-** Rice Cakes w/ Sunflower Butter | **5**  **am-** Bananas w/ Ritz Crackers    **pm-** Veggie Pasta Salad | **6**  **am-** Strawberry Yogurt w/ Blueberries  **pm-** Honeydew w/ Bean & Veggie Crackers | **7**  **am-** Watermelon w/ Graham Crackers  **pm-** Cantaloupe w/ Granola |
| **10**  **am-** Rice Chex Cereal    **pm-** Tahini Free Hummus w/ Pita Bread | **11**  **am-** Cantaloupe w/ Graham Crackers  **pm**- Oranges w/ Granola | **12**  **am-** Vanilla Yogurt w/ Blueberries  **pm-** Strawberries w/ Nutri Grain Bars | **13**  **am-** Bananas w/ Raisin Bread  **pm**- Whole Grain Macaroni & Cheese w/Steamed Peas | **14**  **am-** Lean Turkey Sausage w/ Applesauce  **pm**- Honeydew w/ Ritz Crackers |
| **17**  **am-** Cheerios Cereal  **pm-** Turkey Sandwich w/ Sliced Tomato | **18**  **am-** Bananas w/ Granola  **pm-** Watermelon w/ Whole Grain Cheddar Crackers | **19**  **am-** Cinnamon Oatmeal w/ Blueberries  **pm**- Bran Muffins w/ Pineapple | **20**  **am-** Blueberry Yogurt w/ Graham Crackers  **pm**- Turkey Slices w/ Ritz Crackers | **21**  **am-** WW Raisin Bagels w/ Cream Cheese  **pm**- Mild Cheddar Cheese Slices w/ Sliced Cucumber |
| **24**  **am-** Special K Cereal      **pm-** Guacamole w/ Ritz Crackers | **25**  **am-** Peach Yogurt w/ Blueberries  **pm**- Carrots w/ Yogurt Ranch Dip & Pita Bread | **26**  **am-** Cantaloupe w/ Raisin Bread  **pm-** Sunflower Butter Sandwiches | **27**  **am-** Bananas w/ Graham Crackers  **pm-** Apple Butter w/ WW Bread | **28**  **am-** Whole Grain Waffles w/ Strawberries  **pm-** Oranges w/ Colby Jack Cheese Sticks |

**\*This menu satisfies the USDA Child Care Food Program Guidelines\*😊 MENU SUBJECT TO CHANGE BASED ON FOOD AVAILABILITY 😊**