  **SEPTEMBER 2018** 

**Camp Amgen North Snack Menu \*All Snacks are Nut & Sesame Seed Free**

**FOR ALL ROOMS \*Please note, all rooms are included on this sheet \*Milk (Toddlers-whole; Ages 2 to 5- 1%)**

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| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
|  **HAPPY LABOR DAY** **CAMP AMGEN**  **CLOSED** | **4****am-** Corn Chex Cereal**pm-** Rice Cakes w/ Sunflower Butter | **5****am-** Bananas w/ Ritz Crackers**pm-** Veggie Pasta Salad | **6****am-** Strawberry Yogurt w/ Blueberries**pm-** Honeydew w/ Bean & Veggie Crackers | **7****am-** Watermelon w/ Graham Crackers**pm-** Cantaloupe w/ Granola |
| **10****am-** Rice Chex Cereal**pm-** Tahini Free Hummus w/ Pita Bread | **11****am-** Cantaloupe w/ Graham Crackers**pm**- Oranges w/ Granola | **12****am-** Vanilla Yogurt w/ Blueberries **pm-** Strawberries w/ Nutri Grain Bars | **13****am-** Bananas w/ Raisin Bread**pm**- Whole Grain Macaroni & Cheese w/Steamed Peas | **14****am-** Lean Turkey Sausage w/ Applesauce**pm**- Honeydew w/ Ritz Crackers |
| **17****am-** Cheerios Cereal**pm-** Turkey Sandwich w/ Sliced Tomato | **18****am-** Bananas w/ Granola**pm-** Watermelon w/ Whole Grain Cheddar Crackers | **19****am-** Cinnamon Oatmeal w/ Blueberries**pm**- Bran Muffins w/ Pineapple | **20****am-** Blueberry Yogurt w/ Graham Crackers**pm**- Turkey Slices w/ Ritz Crackers | **21****am-** WW Raisin Bagels w/ Cream Cheese**pm**- Mild Cheddar Cheese Slices w/ Sliced Cucumber |
| **24****am-** Special K Cereal **pm-** Guacamole w/ Ritz Crackers | **25****am-** Peach Yogurt w/ Blueberries **pm**- Carrots w/ Yogurt Ranch Dip & Pita Bread  | **26****am-** Cantaloupe w/ Raisin Bread**pm-** Sunflower Butter Sandwiches | **27****am-** Bananas w/ Graham Crackers**pm-** Apple Butter w/ WW Bread | **28****am-** Whole Grain Waffles w/ Strawberries**pm-** Oranges w/ Colby Jack Cheese Sticks |

**\*This menu satisfies the USDA Child Care Food Program Guidelines\*😊 MENU SUBJECT TO CHANGE BASED ON FOOD AVAILABILITY 😊**