



## R. Kirk Landon Learning Center

### December 2018 Menu



Monday 12/3/18	Tuesday 12/4/18	Wednesday 12/5/18	Thursday 12/6/18	Friday 12/7/18
Chicken & Waffles Bananas Milk	Pancakes Pears Milk	Breakfast Pizza Strawberry & Mango Milk	Chicken Bacon Cheese Grits Blueberries Milk	Cheerios Mix Berries Milk
BBQ Chicken Baked Beans Melon Mix Corn Bread Muffins Milk	Turkey Stroganoff w/ Egg Noodles Green Beans Apples Milk	Chicken Alfredo Broccoli Grapefruit Garlic Breadsticks Milk	Blacken Salmon Sweet Potatoes Sweet Peas Fruit Salad Milk	Vegetable Soup Corn Oranges Wheat Crackers Milk
Homemade Berry Applesauce Wheat Crackers Water	Hummus Celery Sticks (Preschool) Pita Bread (Inf – EP) Water	Apple Muffins Milk	Cucumber Salad Wheat Crackers Water	Sun Butter Apple Slices Water

Monday 12/10/18	Tuesday 12/11/18	Wednesday 12/12/18	Thursday 12/13/18	Friday 12/14/18
Homemade Sweet Potato Spice Bread Bananas Milk	Chex Cereal Pears Milk	Bagels w/ Cream Cheese Turkey Sausage Strawberry & Mango Milk	Chicken Biscuits Blueberries Milk	Yogurt & Granola English Muffins Mix Berry Milk
Turkey Breast Garlic Mashed Potatoes Green Beans Mix Melon Milk	Chicken Noodle Soup Peas & Carrots Apples Wheat Crackers Milk	Spaghetti w/Turkey Meatballs Green Beans Grapefruit Garlic Bread Milk	Baked Cheese Ziti Mix Vegetable Blend Fruit Salad Bread Sticks Milk	Grilled Diced Chicken Baked Potato Cheese & Sour Cream Steamed Broccoli Oranges Milk
Cheese Cubes Ritz Crackers Water	Homemade Peaches & Cream Muffins Milk	Celery (Preschool) Carrots (Steamed -Inf – EP) Ranch Dip Water	Soft Pretzels Bananas Water	Guacamole Wheat Crackers Water

Monday 12/17/18	Tuesday 12/18/18	Wednesday 12/19/18	Thursday 12/20/18	Friday 12/21/18
Cheese Eggs Wheat Toast Bananas Milk	Red Velvet Waffles Pears Milk	Turkey Sausage Croissants Strawberry & Mango Milk	Oatmeal Blueberries Milk	Hard Boiled Eggs Wheat Toast Mix Berry Milk
Chicken Potpie Broccoli Mix Melon Wheat Crackers Milk	Turkey Chili Corn On The Cob Apples Wheat Crackers Milk	Chicken & Spinach Pizza Flatbread Broccoli Grapefruit Milk	Lemon Herb Fish Vegetable Blend Wild Rice Fruit Salad Milk	Salisbury Steak Mashed Potatoes Green Beans Oranges Milk
Bananas Cheerios Milk	Spinach Dip Pita Bread Water	Homemade Apple Cinnamon Bread w/ Glaze Milk	Homemade Trail Mix (Chex/Cheerios/Rice Cakes) Milk	Diced Mango Yogurt Parfait Water

*Menus subject to change upon availability of products. Canned fruit is served in its own juice. Water is offered daily.  
Whole Milk is served to Toddlers. 1% Milk is served to all other age groups.*



# R. Kirk Landon Learning Center

## December 2018 Menu



Monday 12/24/18	Tuesday 12/25/18	Wednesday 12/26/18	Thursday 12/27/18	Friday 12/28/18
<b>Center Closed in Observance of Christmas Holiday</b>  		Oatmeal Bananas Milk	Yogurt, Granola Cinnamon Toast Strawberry & Mango Milk	Pancakes Blueberries Milk
		Chicken Mac Broccoli Mix Melon Cornbread Muffins Milk	Turkey Taco Lettuce/ Cheese Sour Cream/ Salsa Black Beans & Corn Grapefruit Soft Tortilla Milk	Cheese Tortellini Sweet Peas Oranges Wheat Rolls Milk
		Blueberry Muffins Milk	Homemade Trail Mix Milk	Homemade Berry Applesauce Crackers Water

Monday 12/31/18
Chex Cereal Bananas Milk
Spinach Pesto Alfredo w/ Penne Pasta Green Beans Apples Garlic Breadsticks Milk
Sun Butter Apple Slices Water



**Introducing Healthier Snacks Inspired By Our Parents**

### Vegetarian Substitution:

Tofu, veggie sausage, soy chicken nuggets, or beans will be substituted for any menu item that is not allowed for vegetarians. Please let your child's teacher and a member of management know if this is the option for your child.

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