

BRIGHT HORIZONS AT Jeannette Cathy Children's Center

Week of 12/26/22	MONDAY 12/26	TUESDAY 12/27	WEDNESDAY 12/28	THURSDAY 12/29	FRIDAY 12/30
MORNING SNACK	CENTER CLOSED Happy Holidays!	Bagels w/ Cream Cheese Applesauce Allergy: Gluten Free Cheese Toast Applesauce Infants: Applesauce	French Toast Sticks Frozen Blueberries Allergy: Gluten Free Waffles Frozen Blueberries Infants: Frozen Blueberries	Cinnamon Rolls Frozen Strawberries Allergy: Gluten Free Cinnamon Toast Frozen Strawberries Infants: Frozen Strawberries	Rice Chex Apricots Allergy: Rice Chex Apricots Infants: Apricots
LUNCH	CENTER CLOSED Happy Holidays!	Chicken Curry Casserole Steamed Broccoli Frozen Peaches Allergy: Chicken Curry Casserole Steamed Broccoli Frozen Peaches Infants: Frozen Peaches	Mini Meatball Sandwich Green Beans Fresh Honeydew Melon Allergy: Gluten Free Mini Meatball Sandwich Green Beans Fresh Honeydew Melon Infants: Fresh Honeydew Melon	Lemon Pepper Tilapia Roasted Potatoes Whole grain Dinner Rolls Frozen Pineapple Allergy: Lemon Pepper Chicken Roasted Potatoes Gluten Free Bread Frozen Pineapple Infants: Frozen Pineapple	Chicken Parmesan Sandwich Garden Salad Frozen Mango Allergy: Gluten Free Chicken Parmesan Sandwich Garden Salad Frozen Mango Infants: Frozen Mango
AFTERNOON SNACK	CENTER CLOSED Happy Holidays!	Pita Bread w/ Marinara Dip Allergy: Gluten Free Bread w/ Marinara Dip Infants: Pita Bread w/ Marinara Dip	Cheese Squares & Vegetable Crackers Allergy: Dairy Free Cheese & Gluten Free Crackers Infants: Cheese Squares & Vegetable Crackers	Vanilla Yogurt Cups w/ Blackberries Allergy: Blackberry Fruit Cup Infants: Vanilla Yogurt Cups w/ Blackberries	Fresh Banana & Sunbutter Allergy: Fresh Banana & Sunbutter Infants: Fresh Banana & Sunbutter

- All meals are baked, not fried
- Fresh fruits and vegetables served daily
- Proteins include chicken, turkey, cheese, and beans
- Whole milk served to Infants and Toddlers
- 1% milk served to Early Preschool, Preschool, and Kindergarten Prep
- All meals served family style and are included in the tuition
- Allergy Meals served individually pre-plated