



November Snack Menu

BRIGHT HORIZONS AT SUFFIELD

Organic Whole Milk for children ages 1-3 & 1% Milk for Children ages 3+

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Morning snack: Cheerios & Bananas Afternoon snack: Tostitos & Salsa	2 Morning snack: Bagels w/ Cream Cheese & Yogurt Afternoon snack: Applesauce & Multigrain Crackers
5 Morning snack: Nutri-grain cereal Bars & Pineapple Afternoon snack: Applesauce & Multigrain Crackers	6 Morning snack: Cheerios & Mandarin Oranges Afternoon snack: Cheese Sticks & Goldfish	7 Morning snack: Bagels w/ cream cheese & Fruit Afternoon snack: Tortilla Chips & Salsa	8 Morning snack: Yogurt & Berries Afternoon snack: Tomatoes & Peppers w/ Ranch & Crackers	9 Morning snack: Chex & Bananas Afternoon snack: Pita chips & Guacamole
12 Morning snack: Nutri-grain cereal Bars & Mandarin Oranges Afternoon snack: Tostitos & Salsa	13 Morning snack: Yogurt & Pineapple Afternoon snack: Applesauce & Multigrain Crackers	14 Morning snack: Cheerios & Bananas Afternoon snack: Cucumbers w/ Ranch and Crackers	15 Morning snack: Bagels w/ cream cheese & Blueberries Afternoon snack: Animal Crackers & Grapes	16 Morning snack: Yogurt, Berries & Muffins Afternoon snack: Naan Bread w/ Sun Butter or Jelly & Yogurt
19 Morning snack: Bagels w/ cream cheese & Fruit Afternoon snack: Cheese Sticks & Goldfish	20 Morning snack: Chex & Pears Afternoon snack: Naan Bread w/ Sun Butter or Jelly & Yogurt	21 Morning snack: Nutri-grain cereal Bars & Peaches Afternoon snack: Applesauce & Pita Chips	22 CENTER CLOSED  Happy Thanksgiving!	23 CENTER CLOSED  Happy Thanksgiving!
26 Morning snack: Nutri-grain cereal Bars & Peaches Afternoon snack: Pita chips & Guacamole	27 Morning snack: Cereal, Yogurt & Pineapple Afternoon snack: Cucumbers w/ Ranch and Crackers	28 Morning snack: Bagels w/ cream cheese & Blueberries Afternoon snack: Cheese Sticks & Goldfish	29 Morning snack: Yogurt & Berries Afternoon snack: Tostitos & Salsa	30 Morning snack: Cheerios & Bananas Afternoon snack: Animal Crackers & Grapes

***Fresh Fruits & Vegetables delivered weekly by Peapod.**