

November 2019 Menu

1 Week of 11/04/19 – 11/08/19	AM Snack	Lunch	PM Snack
Monday	Wheat French Toast Sticks Milk	Chicken Noodle Soup (with added veggies and chicken) Wheat Saltines and Cheese Pineapple Milk	Graham Crackers Applesauce Water
Tuesday	Oatmeal Milk	Mashed Potatoes with Hamburger Gravy Broccoli Pears Milk	Bananas Milk
Wednesday	Yogurt and Granola Milk	Chili Wheat Saltines Peaches Carrot Sticks Milk	Soft Pretzels Marinara Sauce Water
Thursday	Cinnamon Biscuits Milk	Macaroni and Cheese Peas Beets Milk	Applesauce Cake Milk
Friday	Cereal Milk	Tuna on Wheat Bread Celery and Cucumbers Apple Slices Milk	Cheese Nips and Wheat Thins Milk

2 Week of 11/11/19 – 11/15/19	AM Snack	Lunch	PM Snack
Monday	Closed for Veteran's Day		
Tuesday	Zucchini Bread Milk	Pasta Salad (Ham, Pepperoni, Cheese, and Veggies) Whole Grain Crackers Pineapple mixed with Pears Milk	Tortilla Chips or Ritz Crackers with Nacho Cheese Water
Wednesday	Tortillas with Cream Cheese Milk	Turkey Ham on Wheat Carrot and Celery Sticks with Dip Orange Slices Milk	Yogurt and Fruit Water
Thursday	Oatmeal Milk	Bean and Cheese Burritos Corn Peaches Milk	Pumpkin Bread Milk
Friday	Cereal Milk	Cheese Pizza Rounds on an English Muffin Green Beans Mixed Fruit Milk	Pita Bread with Ranch Dressing Carrot Sticks Water

November 2019 Menu

3 Week of 11/18/19 – 11/22/19	AM Snack	Lunch	PM Snack
Monday	Cottage Cheese Peaches Milk	Cheese Enchiladas Black Beans Pineapple Milk	Wheat Bread Squares with Jelly Milk
Tuesday	Cereal Milk	Whole-Grain Bread with Sun Butter and Jelly Corn Peaches Milk	Pears Milk
Wednesday	Oatmeal Apple Slices Milk	Spaghetti with Meat Sauce Side Salad Mango Fruit Mix Milk	Pita Bread with Cream Cheese and Celery Sticks Water
Thursday	Diced Cantaloupe with Strawberries Milk	Scrambled Eggs with Ham and Shredded Zucchini English Muffin with Butter Orange Slices Milk	Chex Mix Milk
Friday	Cinnamon Raisin Bagel With Cream Cheese Milk	Pasta E. Fagioli (ground sausage and beans) Wheat Saltines Pineapple and Pear Mix Milk	Graham Crackers Apple Slices Milk

4 Week of 11/25/19 – 11/29/19	AM Snack	Lunch	PM Snack
Monday	Wheat Toast with Butter Milk	Macaroni and Cheese Peas & Carrots Orange Slices Milk	Vanilla Wafers Milk
Tuesday	Muffins Milk	Black Beans and Rice Tortillas Corn Applesauce Milk	Cracker Stackers (Ritz crackers, Sliced Turkey, and Sliced Cheese) Water
Wednesday	Cereal Sliced Bananas Milk	Turkey Sandwiches on Wheat Bread Baked Beans Peaches Milk	Yogurt Graham Crackers Water
Thursday	Closed for Thanksgiving		
Friday	Closed for Thanksgiving		