

# BRIGHT HORIZONS

# What's on the Menu?

We Serve Healthy Meals



Week A	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>BREAKFAST</b>	Cheerios Orange Juice/ <b>Applesauce</b> Milk ●	Bagels with Cream Cheese ● Applesauce Milk●	Poppy Seed Bread●# Pineapple Chunks/ <b>Banana</b> Milk●	Blueberry Crumb Muffin●# Apple Juice Milk●	Cheerios Orange Juice/ <b>Applesauce</b> Milk ●
<b>AM SNACK</b>	Animal Crackers Chocolate Soy Milk	Mini Muffins● # Banana	Goldfish Crackers ● Apple Juice	Cottage Cheese ● Cantaloupe/ <b>Sliced Peaches</b>	Blueberry Belvita Strawberry Greek Yogurt ●
<b>LUNCH</b>	Roasted Marinated Chicken Breast Yellow Rice Peas Pineapple Tidbits Milk●	BBQ Chicken On Whole Wheat Bun Corn Mixed Melon/ <b>Banana</b> Milk●	Herbed Tomato Pizza Capri Mixed Vegetables Applesauce Milk●	Turkey and Cheddar Cheese Sandwich● on Whole Wheat Hoagie Roll (Mayonnaise) # Green Beans Banana Milk●	Macaroni & Cheese● California Blend Vegetables Apple Slices/ <b>Peaches</b> Milk●
<b>PM SNACK</b>	Wheat Thins String Cheese ●	Strawberry Nutri-Grain Bar ● Mandarin Oranges/ <b>Peaches</b>	Strawberry Greek Yogurt● Graham Crackers	Assorted Crackers Cheddar Cheese ●	Zucchini Bread ●# Banana

● Items contains milk or milk ingredients # Item contains eggs or egg ingredients

▲ Item contains nuts (and/or is produced on equipment that also produces nuts)

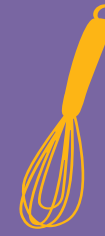
I/T: Infant/Toddler Alternative

Milk for infants and toddlers is whole milk. Older children receive skim milk.

# BRIGHT HORIZONS

## What's on the Menu?

*We Serve Healthy Meals*



Week B	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>BREAKFAST</b>	Pumpkin Bread# Apple Juice Milk●	Cheerios Banana Milk●	Golden Oat Belvita Bar Apple Slices/Applesauce Milk●	Cheerios Orange Juice/Applesauce Milk●	Bagels with Cream Cheese● Mixed Melon Chunks/Applesauce Milk●
<b>AM SNACK</b>	Mini Muffins●# Milk●	Goldfish Crackers● Apple Juice/Milk●	Poppy Seed Bread●# Milk●	Strawberry Nutrigrain Bar Milk●	Banana Bread● # Milk●
<b>LUNCH</b>	Baked Fish Fillet● on Whole Wheat Bun Country Blend Mixed Vegetables Cantaloupe Chunks/Applesauce Milk●	Cheese Bosco Stick● with Marinara Sauce Broccoli Sliced Peaches Milk●	Dino Chicken Bites● Roasted Red Potatoes Pineapple Tidbits/Banana Milk●	Whole Wheat Rotini with Marinara and Meatballs● Peas and Carrots Banana Milk●	Cheddar Cheese Quesadilla● Spanish Rice● Corn Mandarin Oranges/Applesauce Milk●
<b>PM SNACK</b>	Assorted Crackers Cheddar Cheese●	Animal Crackers Banana	Graham Crackers Strawberry Greek Yogurt●	Vanilla Wafers● Applesauce	Wheat Thins String Cheese●

● Items contains milk or milk ingredients # Item contains eggs or egg ingredients

△ Item contains nuts (and/or is produced on equipment that also produces nuts)

**I/T: Infant/Toddler Alternative**

Milk for infants and toddlers is whole milk. Older children receive skim milk.