



# Breakfast

## A LA CARTE BREAKFAST FAVOURITES

### Morning pastries served with butter and preserves

your pastry basket comes with za'atar or butter croissant, Danish pastry and your choice of muffin: blueberry or chocolate, choice of white and whole wheat toast

### Buttermilk pancakes (V)

your choice of Canadian maple syrup and fresh berries or strawberry and apricot compote

### Old-fashioned Belgian waffle (V)

strawberries, whipped cream and Canadian maple syrup

### Apple cinnamon oatmeal porridge

cranberries, brown sugar and choice of whole, low-fat or soy milk

### Seasonal cut fruits (V)

passion fruit syrup and organic honeyed low-fat yoghurt

### Assorted breakfast cereals (V) (N)

granola, coco pops, rice krispies, cornflakes, muesli, frosted flakes

**your choice of whole, low-fat or soy milk**

### Fresh squeezed fruit juice

your choice of orange, pineapple, grapefruit, watermelon, sweet melon or carrot

## EGGS GLORIOUS EGGS

### Classic western breakfast

any style of two eggs with choice of:  
breakfast chicken sausage, turkey ham or turkey bacon

### Smoked salmon eggs benedict

soft poached eggs, tick cut white toast and hollandaise sauce

### Vegetarian-style eggs benedict (V)

mushroom, spinach, soft poached eggs,  
Thick cut white toast and pesto hollandaise

### Create your own omelette

three eggs with choice of filling:  
chicken sausage, turkey bacon,  
turkey ham, smoked salmon, cheddar, mozzarella, spinach,  
tomatoes, onions, capsicum, mushrooms or olives

## AUTHENTICALLY LOCAL

all local breakfast items come with Arabic bread

### Foul medammes (V)

stewed broad beans with traditional condiments of tomato, onion, parsley, cumin, olive oil and lemon **3.5**

### Assorted Arabic cheese selection (V)

baladi, halloumi, shellal, bulghari, za'atar and chili coated labneh balls **7**

### Oriental platter (V)

labneh, hummus, moutabel, marinated green and black olives, mixed pickles **7**

### Egg shashuka

Egg's poached in tomatoes sauce, chili flakes, onion, and cumin **5.5**

## BEVERAGES

### From The Juice Bar

your choices of orange, pineapple, watermelon or sweet melon. **3.5**

### Chilled Juice

apple, orange, pineapple, grapefruit, mango, grape, cranberry **2**

### Smoothies (V)

your choices of orange, pineapple, watermelon or sweet melon. **4**

### Soft drinks

pepsi, diet pepsi, 7 up, diet 7 up, miranda, ginger ale, tonic water **2.5**

### Tea Selection

Black tea, Green tea, Herbal infusion **3.2**

### Coffee

Espresso, cappuccino, cafe latte, turkish coffee, arabic coffee **3**

(N) - NUTS  
(V) - VEGETARIAN

Dear guest, we kindly request you to advise us if you are allergic to any of the menu items and we will be more than willing to adjust our menu in order for you to enjoy an allergy free dining experience with us.

All prices are in Bahraini Dinars and subject to 10% service charge and 10% government levy.



# Dessert

## SWEET TEMPTATIONS

indulge in our delicious dessert offerings, from our authentic umm ali to our refreshing fruits and our exquisite valrhona chocolate cheese cake, there is bound to be a dessert for all ages

**Toblerone chocolate cheese cake (N)**  
rich and creamy, topped with grated toblerone chocolate

**Umm ali (N)**  
warm bread pudding, pistachio and toasted almonds

**Double chocolate cake**  
with mixed berries coulis

**Vanilla crème brulee (N)**  
Almond biscotti

**Date and toffee pudding**  
toffee sauce and whipped cream

**Sliced seasonal fruits (V)**  
berries and honey yoghurt

**Ice cream**  
Select 3 scoops from the following: vanilla, chocolate, strawberry, mango sorbet, strawberry cheese cake, banana caramel

4.5

4.5

4.5

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4.5

4.5

4.5

## BEVERAGES

**Fresh Juice** 3.2  
our choices of orange, pineapple, watermelon

**Chilled Juice** 2  
apple, orange, pineapple, grapefruit, mango, grape, cranberry

**Smoothies (v)** 4  
Low-fat yogurt, smoothie with choices of banana, strawberry or mango with locally-sources berries and honey-granola bar

**Soft drinks** 2.5  
pepsi, diet pepsi, 7 up, diet 7 up, miranda, ginger ale, tonic water

**Tea Selection** 3.2  
Black tea, Green tea, Herbal infusion

**Coffee** 3  
Espresso, cappuccino, cafe latte, turkish coffee, arabic coffee

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Please press the room service button for assistance or in case you require any of the above menu items beyond the indicated times.

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# Lunch & Dinner

## SOUPS

**Lentil soup** (V)  
traditional lentil soup with toasted Arabic chips

**Cream of Chicken soup with saffron**  
diced vegetables, with parsley toast

**Minestrone** (V)  
Italian vegetable broth with pesto droplets

## SALADS & APPETISERS

**Soup and salad combo**  
your choice of soup, Caesar salad or  
tossed seasonal greens

**Caesar salad**  
crisp romaine, herb croutons, creamy  
parmesan and garlic dressing  
**chicken**  
**prawns**

**Buffalo mozzarella and tomato salad** (V)  
rucola, basil and extra virgin olive oil

**Greek salad with spiced feta** (V)  
za'atar-mint salad, marinated olives and  
pomegranate vinaigrette

**Hand carved smoked salmon**  
petite salad of celeriac, endive and apple  
with creamy tarragon dressing

**Oriental mezze** (V)  
hummus, moutabel, tabbouleh, kibbeh, fatayer  
and stuffed vine leaves with basket of Arabic bread  
**any individual mezze**

## SANDWICHES

all served with our French fries and deli salad

**Our bistro chicken club** (V)  
turkey bacon, egg and tomato on thick cut  
toasted bread

**The "to die for" beef burger**  
butter toasted bun, caramelized onions,  
turkey bacon and your choice of cheese

**Chunky Portobello and black bean burger** (V)  
red cabbage slaw, pickled onions &  
our signature sauce

## BREAKFAST ALL DAY

**Create your own omelet**  
three eggs with choice of filling:  
chicken sausage, turkey bacon, turkey ham,  
smoked salmon, cheddar, mozzarella, spinach,  
tomatoes, onions, capsicum, mushrooms or olives

## PASTAS

enjoy our variety of pasta sauces and offerings  
cooked to your liking

**Spaghetti or penne**  
arrabiatta (V), marinara (V), alfredo (V), bolognese,  
served with parmesan

**Add a Caesar salad to your pasta**  
choose from any of our pasta offerings mentioned above  
caesar with chicken  
caesar with prawn

## MAIN COURSE

**4 Lemon and rosemary rubbed chicken 8.5**  
Blistered tomatoes, grilled asparagus and mushroom jus

**4.5 Herb crusted fillet of salmon 10**  
grilled asparagus and crushed garlic potatoes

**4 Za'atar crusted lamb chops 12**  
sumac and multigrain tabbouleh with cucumber-mint yoghurt

**Grilled Jumbo prawns 14**  
Quinoa tabbouleh, steak fries, saffron cream

**7.5 36 hour lamb shank 11**  
slow and low cooked lamb, hearty carrot and tomato ragout

**5.5 Battered "fish and chips" 7.5**  
French fries, caper-lemon remoulade

**7 Oriental mixed grill 12**  
local favourite: grilled kofta, lamb kebab, shish taouk,  
lamb chop with Arabic spices and fries

**7.5 Seafood mixed grill 18**  
jumbo shrimp, lobster, seabream and squid  
with garlic-parsley butter, lemon and potato makli

**8.5 USDA Certified Angus Tenderloin 250g 17**  
served with potatoes gratin and your choice of sauce

**USDA Certified Angus Rib eye 300g 15**  
served with potatoes gratin and your choice of sauce

7.5

## INDIAN AND ASIAN FAIR

**1.5 Spiced butter chicken 7.5**  
chicken simmered in butter and tomato gravy  
served with steamed basmati rice

**7.5 Chick pea, tomato and spinach curry (V) 6.5**  
Indian spices, coconut cream, paneer, raita, pappadam

**Biryani**  
traditional favourite consisting of rice, herbs and spices  
condiments include: mint chutney, raita, chili, onions and pickles  
your choice of:  
**chicken 7.5**  
**lamb 8**  
**vegetable (V) 7**

**Pepper beef and onion stir fry 9**  
beef sirloin, tomatoes, coriander and garlic soy, served with steamed rice

**5.5 Sambal shrimps 9.5**  
with peppers, spring onion and spring beans, served with steamed rice

**Mongolian spiced lamb 9.5**  
wok fried with capsicums and bean sprouts, served with steamed rice

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6.5

3.5

4.5  
4.5

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