



From the Director

Dear Families,

We are thrilled to have welcomed new families in September, and to be welcoming more in October! Fall is a very special time of the year, and we are looking forward to all of the fun activities the teachers have planned for the children.

Thank you to everyone who has made the transition of children wearing masks so successful. Just a reminder to please be sure that your child has at least 5 clean masks at school every day. We also ask that you provide 2 labeled bags or containers where we can store the mask during meal and nap time and another where we can store soiled masks to be sent home.

Please follow our Facebook page at www.facebook.com/theacademypasadena to stay up-to-date with what is going on in our school. Feel free to invite your family members to follow too.

You can also out check our website at www.brighthorizons.com/academy-pasadena. Under "Parent Resources," you can find our Monthly Newsletter and Snack Menu.

As a reminder, we have partnered with Citizen Sprout as our hot lunch provider. You can go to www.citizensprout.com to order hot, organic lunches that are delivered right to our front door. There is no commitment required. You can order for the whole month or look at the menu ahead of time and choose what days you would like to order.

Quote of the month – *"Children are not things to be molded, but people to be unfolded."* – Jess Lair

Thank you and as always, please do not hesitate to reach out with any questions.

Sincerely,

Kara Lewis Almanza

The Academy at Pasadena

Important Dates/Reminders

November Tuition Due – 10/25

Halloween – 10/31

We are a nut free school

Reasons to Celebrate

Happy Wedding Day Ms. Melissa! - 10/2

Halloween Parties – 10/30

Each classroom will host a Halloween party on Friday, 10/30. We encourage costumes and will be providing treats, activities and spooky music for the children to get into the spirit!

Pumpkin Decorating Contest: Each teacher and administrator will be decorating a pumpkin with the help of the children. Be on the lookout for a friendly competition at the end of the month!



Health & Safety at Bright Horizons

Our enhanced COVID-19 protocols ensure health and safety practices in every center align with the CDC and state and local municipalities. Learn more about what we are doing to keep children, families, and staff safe.

brighthorizons.com/child-health-safety

Yellow Room



This was a busy month in the Yellow Room! Ms. Steffi used painters tape to create zig-zags and different shapes for the children to follow while creating block patterns. This activity encouraged mathematical thinking while also developing eye-hand coordination- a critical skill necessary for writing.

The children also explored many different forms of art, including a mess-free way to paint, which may be fun to try at home! Place a small piece of paper and paint in a zip-lock bag. Seal the bag and then tape it to a surface. Encourage your child to use their fingers to move the paint in all different directions.

Blue Room



This month in the Blue Room the children studied the artist Picasso! Through examining his art work, children were able to identify many different shapes, as well as develop an appreciation for cubism. They then had an opportunity to create their own Picasso-inspired masterpieces. Children really start to develop a deeper appreciation for art around this age, and it has been so fun watching them take pride in their work.



Ms. Melissa also created a game called "Letter Swat." The alphabet was hung in random order on the wall, and when Ms. Melissa would call out a letter, the children had to use the toy fly swatter to find and identify the letter. Using games for rote learning encourages children to remain engaged because they see the learning as fun. This activity also develops executive function, which supports brain plasticity!

Newest Issue of Growing Readers

Check out the August Growing Readers book selections, which focus on friendship, courage, integrity, and conservation. Snuggle up with your child, read the books, and then dive into some old-fashioned fun with a homemade bubble solution, shadow puppets, buttered toast, and much more.

Access the August issue of Growing Readers here:
brighthorizons.com/growingreaders



New Family Webinar: Your Child's Social-Emotional Development

Join us October 27, 2020 at 12:00pm ET

Developing strong social-emotional skills today will make a real difference for your child tomorrow. This Bright Horizons webinar will cover five components of social-emotional learning and your role as a parent to help your child develop in these areas and build connections with others.

[Click Here to Register](#)

We're Partnering with Reebok!

Movement Matters has always been an important part of the **Bright Horizons® World at Their Fingertips** curriculum. Now, we're making it even better, collaborating with BOKS — an initiative of the Reebok Foundation dedicated to our youth's health and fitness — to promote healthy habits for life. Stay tuned for ideas and activities to help get your kids moving!

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The Academy at Pasadena

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 Monday – Friday 8:00 a.m. to 5:00 p.m.

