

# BRIGHT HORIZONS AT LISLE

## What's on the Menu?



Week of 03/30/2020	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>BREAKFAST</b>	<ul style="list-style-type: none"> <li>Rice Crispies</li> <li>Bananas</li> <li>Organic Milk</li> </ul>	<ul style="list-style-type: none"> <li>Warm Biscuit</li> <li>Homemade Jam</li> <li>Peaches</li> <li>Organic Milk</li> </ul>	<ul style="list-style-type: none"> <li>Whole Wheat Mini Bagel</li> <li>Cream Cheese</li> <li>Apples</li> <li>Organic Milk</li> </ul>	<ul style="list-style-type: none"> <li>Vanilla Yogurt</li> <li>Granola</li> <li>Pears</li> <li>Organic Milk</li> </ul>	<ul style="list-style-type: none"> <li>Cheerios</li> <li>Apples</li> <li>Organic Milk</li> </ul>
<b>MORNING SNACK</b>	<ul style="list-style-type: none"> <li>Whole Grain Pasta Salad</li> <li>Water</li> </ul>	<ul style="list-style-type: none"> <li>Whole Grain Mixed Berry Animal Crackers</li> <li>Oranges</li> <li>Water</li> </ul>	<ul style="list-style-type: none"> <li>Cheese Cubes</li> <li>Pears</li> <li>Water</li> </ul>	<ul style="list-style-type: none"> <li>French Toast Sticks</li> <li>Cucumber Slices</li> <li>Water</li> </ul>	<ul style="list-style-type: none"> <li>Fresh Fruit Salsa</li> <li>Homemade Baked Tortilla Chips</li> <li>Water</li> </ul>
<b>LUNCH</b>	<ul style="list-style-type: none"> <li>Turkey and Stuffing Casserole</li> <li>Steamed Peas</li> <li>Pears</li> <li>Organic Milk</li> </ul>	<ul style="list-style-type: none"> <li>Cheesy, Chicken, Rice, and Broccoli Casserole</li> <li>Steamed Carrots</li> <li>Pears</li> <li>Organic Milk</li> </ul>	<ul style="list-style-type: none"> <li>Cheese Raviolis with Marinara Sauce</li> <li>Steamed Green Beans</li> <li>Oranges</li> <li>Organic Milk</li> </ul>	<ul style="list-style-type: none"> <li>Sloppy Joes on Whole Wheat Buns</li> <li>Steamed Cauliflower</li> <li>Oranges</li> <li>Organic Milk</li> </ul>	<ul style="list-style-type: none"> <li>Whole Wheat English Muffin Pizzas</li> <li>Steamed Mixed Veggies</li> <li>Pears</li> <li>Organic Milk</li> </ul>
<b>AFTERNOON SNACK</b>	<ul style="list-style-type: none"> <li>Trail Mix</li> <li>Apples</li> <li>Water</li> </ul>	<ul style="list-style-type: none"> <li>Rice Cakes</li> <li>Sun Butter</li> <li>Bananas</li> <li>Water</li> </ul>	<ul style="list-style-type: none"> <li>Graham Crackers</li> <li>Cucumber Slices</li> <li>Water</li> </ul>	<ul style="list-style-type: none"> <li>Oatmeal Squares</li> <li>Apples</li> <li>Water</li> </ul>	<ul style="list-style-type: none"> <li>Homemade Banana Bread</li> <li>Oranges</li> <li>Water</li> </ul>
<b>TAKE HOME SNACK</b>	<ul style="list-style-type: none"> <li>Wheat Crackers</li> </ul>	<ul style="list-style-type: none"> <li>String Cheese</li> </ul>	<ul style="list-style-type: none"> <li>Oyster Crackers</li> </ul>	<ul style="list-style-type: none"> <li>Nutrigrain Bar</li> </ul>	<ul style="list-style-type: none"> <li>Graham Crackers</li> </ul>

### We Serve Healthy Meals

- Vegetarian alternatives available
- Organic whole milk served to Infants and Toddlers
- Organic 1% milk served to Twos, Preschool, and Kindergarten Prep
- All meals included in the tuition
- All meals served family style

