

BRIGHT HORIZONS AT WHEATON

What's on the Menu?



Week of: Nov. 5th	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	<ul style="list-style-type: none"> Oatmeal Fresh Fruit Organic Milk 	<ul style="list-style-type: none"> Egg Patty Wheat Toast Fresh Fruit Organic Milk 	<ul style="list-style-type: none"> Cheerios Fresh Fruit Organic Milk 	<ul style="list-style-type: none"> Yogurt Granola Fresh Fruit Organic Milk 	<ul style="list-style-type: none"> Apple Cinnamon Muffin Fresh Fruit Organic Milk
TODDLER MORNING SNACK	<ul style="list-style-type: none"> Wheat Crackers Sliced Cheese 	<ul style="list-style-type: none"> Nutrigrain Bar Organic Milk 	<ul style="list-style-type: none"> Yogurt Fresh Fruit 	<ul style="list-style-type: none"> Graham Crackers Cream Cheese 	<ul style="list-style-type: none"> Corn Bread Fresh Fruit
LUNCH	<ul style="list-style-type: none"> Chicken Parmesan Sandwich Roasted Broccoli Fresh Fruit Organic Milk V: Veggie Patty Sandwich 	<ul style="list-style-type: none"> Meatloaf Roasted Potatoes & Green Beans Fresh Fruit Organic Milk V: Grilled Cheese Sandwich 	<ul style="list-style-type: none"> White Chicken Chili Corn Bread Fresh Fruit Organic Milk V: Vegetarian Chili with Beans 	<ul style="list-style-type: none"> Spaghetti Turkey Meatballs Peas & Carrots Fresh Fruit Organic Milk V: Spaghetti with Spaghetti Sauce 	<ul style="list-style-type: none"> Grilled Chicken Nuggets Vegetarian Beans Fresh Fruit Organic Milk V: Veggie Patty Sandwich
AFTERNOON SNACK	<ul style="list-style-type: none"> Nutrigrain Bar Fresh Fruit 	<ul style="list-style-type: none"> Garlic Breadstick Marinara Sauce 	<ul style="list-style-type: none"> Homemade Apple Cinnamon Snack Cake Organic Milk 	<ul style="list-style-type: none"> Soy Butter Pita Bread 	<ul style="list-style-type: none"> String Cheese Whole Wheat Crackers I/T: Sliced Cheese

* Infant/Toddler Alternative

* Vegetarian Alternative

We Serve Healthy Meals

- Vegetarian meal options available
- Fresh fruits and vegetables served daily
- Proteins include chicken, turkey, beef, pork, cheese, and beans
- Whole milk served to Infants and Toddlers
- 1% milk served to Young Preschool, Preschool and Kindergarten Prep
- All meals are served family style

