

# February

	Monday	Tuesday	Wednesday	Thursday	Friday
	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>
<b>AM Snack</b>	Oat Crackers (Garlic, Parsley) & Fruit (VEG)	Blueberry Bread w/ Applesauce (VEG)	Yogurt & Fruit (VEG)	Cinnamon Rice Pudding & Fruit (VEG)	Cornbread & Fruit (VEG)
<b>Lunch</b>	Mac & Cheese (VEG)	Lemon Pepper Chicken & Rice (GF)	Cheese Pizza (VEG)	Sloppy Joes w/ Beef	Chicken Fajitas w Flour Tortilla
<b>PM Snack</b>	Sweet Potato Bread & Fruit (VEG)	Cheese Roll Up (VEG)	Black Bean, Corn Medley & Pita (V)	Cocoa Bread w/ Fruit (GF, V)	Oat Crackers (Curry) & Cheese Cubes (VEG)
	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>
<b>AM Snack</b>	Blueberry Banana Oat Muffin & Fruit (G)	Oat Crackers (Lemon Pepper) Cheese Cubes	Zucchini Bread & Fruit (VEG)	Cereal Protein Bar & Fruit (V)	Banana Pancakes w/ Fresh Fruit (VEG)
<b>Lunch</b>	Cheesy Rice Bake w/ Turkey (GF)	Chicken Taco	Vegetable & Bean Chili w Oyster Crackers (V)	Greek Meatballs w Pita, Cucumber Yogurt Sauce	Pasta Primavera w/ Marinara & Black Beans (V)
<b>PM Snack</b>	Carrot Bread, Applesauce (VEG)	Ban Cocoa Oat Cookie, Fruit	Chips & Fruit (GF, V)	Graham Crackers & Fruit (V)	Parm Potato Wedges, Yogurt
	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>
<b>AM Snack</b>	Cocoa Bread w/ Fruit (GF, V)	Sweet Potato Granola Bar, Fruit	Cinnamon Rice Pudding, Fruit (VEG)	Sweet Potato Bread & Fruit (VEG)	Flourless Sweet Potato Muffin & Fruit (GF, V)
<b>Lunch</b>	Cajun Rice & Beans w/ Beef (GF)	Turkey Tetrazzini	Chicken Tenders	Bean & Cheese Quesadilla (VEG)	BBQ Chicken Sandwich
<b>PM Snack</b>	Eggplant Hummus & Pita (V)	Oat Crackers (Cinnamon & Sugar) & Fruit (VEG)	Cheese Cubes & Vegetables (VEG)	Creamy Spinach Dip & Carrots (GF, VEG)	Banana Bread & Fruit (VEG)
	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>
<b>AM Snack</b>	Graham Crackers & Fruit (V)	Yogurt & Fruit (VEG)	Blueberry Banana Oat Muffin, Fruit	Oat Crackers (Lemon Pepper) & Cheese Cubes	Banana Cocoa Oat Cookie, Yogurt (GF, VEG)
<b>Lunch</b>	Sloppy Joes w/ Turkey	Mexican Lasagna w Beef (GF)	Vegetable & Bean Chili, Oyster Crackers V	Chicken Stir-Fry (GF)	Pasta Primavera w/ Marinara & Black Beans (V)
<b>PM Snack</b>	Zucchini Bread, Fruit	Medley w Pita (V)	Cheese Roll Up (VEG)	Sweet Potato Chips & Fruit	(VEG)
<b>AM Snack</b>					
<b>Lunch</b>					
<b>PM Snack</b>					

GF = Gluten Free  
 DF = Dairy Free  
 V = Vegan  
 VEG = Vegetarian

Beyond Green Sustainable Food Partners  
 1103 W. Grand Ave., Chicago, IL 60642  
 (312) 275-6801

**2% Milk Served**

**Fresh Fruit & Veg Daily**



