



November 2018

Snack Menu



Monday	Tuesday	Wednesday	Thursday	Friday	
			1 Morning Veggie Straws Bananas Afternoon Snap Pea Crisps Seaweed	2 Morning Club Crackers Craisins Afternoon Kashi Wheat Cereal Fruit Leather	Special Notes *** Water is available to students at all times. *** Snack menu is subject to change based on availability. ***Snacks served by 10:30am for morning and 3:00pm for afternoon. Serving Sizes Cereal 1/3 c. Cereal w/Raisins 1/2 c. Pretzels 3lg/10sm Multigrain Crackers 2 Graham Crackers 1 Townhouse/Ritz/Club 3 Wheat Thins 8 Cheez-Its 14 Goldfish 20 Veggie Chips 11 Pita Chips 3 Veggie Straws 18 Pirates Booty 14 Special K Bars 2 Fruit Bars 1 Dried Fruit 1/6 c. Frozen Berries 1/4 c. Cheese 1 Fruit Snacks 1 Applesauce 1/4 c. Hummus 1/4 c. Greek Yogurt 1/2 c. Banana/Apple Chips 8
5 Morning Pita Chips Hummus Afternoon Nutri Grain Bars	6 Morning Goldfish Colby Jack Cheese Afternoon Graham Crackers Frozen Mango	7 Morning Cheerios Craisins Afternoon Rice Cakes Sunbutter	8 Morning Cheez-its Dried Cherries Afternoon Wheat Thins Hummus	9 Morning Goldfish Craisins Afternoon Graham Crackers Yogurt	
12 CHALK CLOSED Veterans' Day	13 Morning Club Crackers Cheddar Cheese Afternoon Pita Chips Seaweed	14 Morning Veggie Straws Craisins Afternoon Cheese Crackers Fruit Leathers	15 Morning Kashi Wheat Cereal Raisins Afternoon Pretzels Hummus	16 Morning Nutri Grain Bars Afternoon Cheerios Yogurt	
19 Morning Multigrain Crackers Hummus Afternoon Kashi Wheat Cereal Fruit Leathers	20 Morning Goldfish Frozen Berries Afternoon Veggie Straws Applesauce	21	22	23	
26 Morning Pretzels Applesauce Afternoon Wheat Thins Yogurt	27 Morning Rice Cakes Peaches Afternoon Nutri Grain Bars	28 Morning Kashi Wheat Cereal Craisins Afternoon Pretzels Colby Jack Cheese	29 Morning Graham Crackers Baby Bel Cheese Afternoon Club Crackers Applesauce	30 Morning Snap Pea Crisps Fruit Leathers Afternoon Goldfish Craisins	

