

Bright Horizons at MGM WEEK ONE



	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BREAKFAST	Cheese Toast Applesauce *Milk & Water Sub: _____	Pancakes Diced Cantaloupe *Milk & Water Sub: _____	Granola, Strawberries & Vanilla Yogurt *Milk & Water Cheerios Sub: _____	Bagels W/ Cream Cheese Peaches *Milk & Water Sub: _____	Oatmeal & Raspberries *Milk & Water Sub: _____	Gluten Free Chex Cereal Fresh Bananas *Milk & Water Sub: _____	Apple Muffins Blueberries *Milk & Water Sub: _____
LUNCH	Bean Chili W/ Cornbread Oranges Mixed Vegetables *Milk & Water Sub: _____	Chicken and Gravy W/ Mix Vegetables Mashed Potatoes Peaches *Milk & Water Sub: _____	Meatball Sandwich Peas Diced Pineapple *Milk & Water Sub: _____	Macaroni & Cheese Green beans Blueberries *Milk & Water Sub: _____	Teriyaki Chicken Rice Edamame Mandarin Oranges *Milk & Water Sub: _____	Turkey Cheese Sandwich Green Beans Mango *Milk & Water Sub: _____	Non Breaded Chicken Nuggets Confetti Corn Diced Peaches *Milk & Water Sub: _____
SNACK	Yogurt Mixed Berries *Water Sub: _____	Cucumbers & Ranch *Water Sub: _____	Oyster Crackers Apple Sauce *Water Sub: _____	String Cheese & Mix Berries *Water Sub: _____	Bread Sticks W/ Marinara Sauce *Water Sub: _____	Crackers, Cheese Cubes *Water Sub: _____	Pita Bread and Humus *Water Sub: _____
DINNER	Grilled Cheese Fresh Broccoli Pineapple Tidbits *Milk & Water Sub: _____	Cheese & Pepperoni Pizza Malibu Blend Apples *Milk & Water Sub: _____	Bean and Cheese Burritos Mango Carrots *Milk & Water Sub: _____	Chicken Vegetable Noodle Soup Wheat Crackers Oranges *Milk & Water Sub: _____	Roast Beef Cheese Pita Sandwich Malibu Blend Mix Berries *Milk & Water Sub: _____	White Diced Chicken & Whole Grain Pasta Oranges Mix Vegetables *Milk & Water Sub: _____	Beef stew W/ Red Potatoes & Carrots Wheat Bread Apples *Milk & Water Sub: _____
LATE SNACK	Yogurt Mixed Berries *Water Sub: _____	Cucumbers & Ranch *Water Sub: _____	Oyster Crackers Apple Sauce *Water Sub: _____	String Cheese & Mix Berries *Water Sub: _____	Bread Sticks W/ Marinara Sauce *Water Sub: _____	Crackers, Cheese Cubes and Carrots *Water Sub: _____	Pita Bread and Red Pepper Humus *Water Sub: _____

*Whole milk will be served to children ages 12-24 months; 1% milk served to Preschool, Kinderprep, and School Age children. *All food allergies are posted throughout the building and will be adhered to. Menu subject to change -Fresh fruit depends on availability

