

Resources for Confirmation Preparation

Confirmation: Anointed and Sealed with the Spirit

Authors: Thomas H. Morris and Kathy Coffey

Publisher: Morehouse Education Resources

ISBN: 978-1-88910-864-3

Notes: Built on a 7-12 week model, one of the authors of this resource is a renowned writer on and catechist of the RCIA process – so the context is definitively adults. The language of the leader’s guide certainly seems more advanced (e.g. catechetical and theological summaries) but when supplemented with the journal, the formation is comprehensive.

Confirming Adult Catholics: Five Sessions for Preparation and Reflection

Author: Mary Birmingham

Publisher: World Library Publications

ISBN: 978-1-58459-641-7

Notes: This is one of the few resources out there which is designed specifically and solely for preparing adults for Confirmation (not a generic resource or a teen one which can be adapted). Based on five liturgically-rooted sessions, this is especially designed for an immediate preparation program and the unique audience of nearly-initiated adults.

Countdown to Confirmation: A Resource Guide for Immediate Preparation

Authors: Maureen Giocondo and Fr. John D. Manno

Publisher: 23rd Publications

ISBN: 978-1-58595-610-4

Notes: This resource is designed specifically for immediate preparation, with 8 simple session and uncomplicated content. It covers larger topics associated specifically with the sacrament of Confirmation, and though it is designed for use with young adults (as nearly all Confirmation resources are), it is not linguistically juvenile.

One Faith, One Lord

Authors: Kathy Hendricks and Gloria Hutchinson

Publisher: Sadlier

ISBN: 978-0-8215-5561-3

Notes: Although designed for use with young people, many Archdiocesan catechists have adopted this resource for use with adults due to its clarity on fundamental Catholic beliefs. If supplemented with adult-level preparation, this can be extremely useful. This resource also includes additional enrichment resources by category.

Sent Forth in the Spirit: A Confirmation Text for Adults

Author: Dr. Patricia M. Mann, Ph.D.

Publisher: Leonine Publishers

ISBN: 978-0-9859483-4-4

Notes: This content is fairly straightforward: each chapter includes a list of vocabulary words and discussion questions, but the rest is straight written content. It is very clear and concise, focused on basic education and catechesis. Catechists using this resource would be encouraged to supplement it with other exercises, activities, and aids to amplify the lived experience.

The 5 W's of Our Catholic Faith and How We Live It

Editor: Mary Carol Kendzia

Publisher: Liguori Publications

ISBN: 978-0-7648-1987-2

Notes: This resource has an interesting layout, based on the 5 “W” questions (who, what, when, where, and why) and uses “how” to connect the information discussed to the student’s lived experience. Although it is not specifically designed for Confirmation preparation, that appears to be beneficial, as this resource can be used for all ages and stages of formation. It is fairly brief – 10 sessions – and thus could easily convert to a short-term Confirmation preparation course.

The Didache Sacramental Preparation Series: The Sacrament of Confirmation

Author: Rev. James Socias

Editor: Eric Sammons

Publisher: Midwest Theological Forum

ISBN: 978-1-939231-73-4

Notes: This resource is extremely comprehensive – arguably more suited for adult use than teen use due to its depth. There is no shortage of tools herein: sidebars, study questions, practical exercises, activities with sponsors, apologetics resources, etc.

United States Catholic Catechism for Adults

Publisher: United States Conference of Catholic Bishops

ISBN: 1-57455-450-6

Notes: This resource is the most direct as far as catechesis, and one that many who work with adults (especially in RCIA) enjoy using. The design features sidebar meditations and prayers, facts and stories, and other ways to bring the Catechism to life. The text also comes with a supplementary reader’s journal.