******

**Bright Horizons at the Y**

 **Weekly Menu (3)**

**May 7th – May 11th**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|  | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |  |
| **Breakfast** | WW English MuffinsMandarin OrangesMilk | Cereal PeachesMilk | Apple Cinnamon MuffinBananaMilk | OatmealPineappleMilk | Raisin ToastBlueberriesMilk | **Meet our Cook Ms. Maria****Wisconsin State Certified****Partnership for Healthier America Nutrition and Meal Guidelines Trained****Chef Phillip** |
| **10:00 am Snack****(Transition, Preschool, Kindergarten Prep Classrooms Only)** | Graham CrackersWater | Graham CrackersWater | Graham CrackersWater | Graham CrackersWater | Graham CrackersWater |
| **Lunch** | Grilled CheeseTomato SoupBananaMilk | Turkey with GravyBrown RiceVegetable BlendStrawberriesMilk | Baked ChickenWW NoodlesZucchini and TomatoesMixed FruitMilk | Diced Ham, Potato, Cheese CasseroleGreen BeansPearsMilk | Sloppy JoesWW BunMixed VegetablesMixed BerriesMilk |
| **Vegetarian Substitute** | Grilled Cheese | Veggie Strips | Veggie Patty | Cheese Potato Casserole | BBQ Veggie Crumbles |
| **Afternoon Snack** | Dried FruitString Cheese  | YogurtBanana | Cottage CheeseBlueberries | WW CrackersHard Boiled Egg | Nutri-Grain BarPeaches |

****

**Healthy Meals**

* **Vegetarian Meal Options.**
* **Fresh Fruits and Vegetables Served Every Day.**
* **All Raw Vegetables are cooked for children under the age of 3 years.**
* **All Meals are Baked Not Fried.**
* **Proteins Include Chicken, Turkey, Beef, Tofu, Cheese and Beans.**
* **Whole Milk Served to Infants and Toddlers.**
* **1% Milk Served to Young Preschool, Preschool and Kindergarten Prep.**
* **Evening Snack is provided in the lobby every day.**
* **All Meals are Included in the Tuition.**
* **All Meals are Served Family Style.**

**!**

**I/T: Infant/Toddler Alternative**

 **V: Vegetarian Alternative**