



Table Prayer Becoming a Disciple

Table Center

A candle, and home cross or crucifix, and the day's newspaper.

We Gather...

Begin by saying...

At this meal, we focus on the invitation Jesus offers us to be his disciples. We pray that his Good News will bring light and healing to the "news" of our world today.

Light the candle and pray:

Light of Christ, may your peace fill our hearts and our home.

We pray today that we may have the faith and the courage to live the Gospel in this world, to say yes to discipleship as Mary, our Mother did.

We Tell the Story...

In the sixth month the angel Gabriel was sent by God to a town in Galilee called Nazareth, to a virgin engaged to a man whose name was Joseph... The virgin's name was Mary. And he came to her and said, "Greetings, favored one! The Lord is with you." She was much perplexed by his words and pondered what sort of greeting this might be. The angel said to her, "Do not be afraid, Mary, for you have found favor with God. And now you will conceive in your womb and bear a son, and you will name him Jesus. He will be great, and will be called the Son of the Most High, and the Lord God will give to him the throne of his

ancestor David..." Then Mary said, "Here am I, the servant of the Lord; let it be with me according to your word." (Luke 1:26-32, 38)

We Bless Our Food...

Holy God, we praise your name. You chose Mary, most Blessed, to be the mother of your Son, Jesus. And Mary chose you, by saying "yes." She is the first disciple. Help us look to her as our model for how to be your servants, and to live according to your Word.

We ask for your blessing, God of salvation, on our world. May men and women who are following the teaching of your son, Jesus, be living witnesses of the Good News in every way – attitudes, words and actions. May each of us tell the story of your goodness and your mercy. May we choose to be disciples of your Son, Jesus, as Mary did.

Bless this food before us, and all who gather around it.

We ask this in the name of Jesus, our Good News. Amen.

We Go Forth...

Join hands and conclude by saying...

We leave the fellowship of this table to go forth and be disciples of the Good News.

Bless us as we go forth to love the Lord and to love one another. Amen.

