## **BRIGHT HORIZONS AT WHEATON**

## What's on the Menu?



Week of: Feb. 25 <sup>th</sup>	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	<ul><li>Oatmeal</li><li>Fresh Fruit</li><li>Organic Milk</li></ul>	<ul><li>Egg Patty</li><li>Wheat Toast</li><li>Fresh Fruit</li><li>Organic Milk</li></ul>	<ul><li>Cheerios</li><li>Fresh Fruit</li><li>Organic Milk</li></ul>	<ul> <li>Yogurt</li> <li>Granola</li> <li>Fresh Fruit</li> <li>Organic Milk</li> </ul>	<ul> <li>Apple Cinnamon         Muffin</li> <li>Fresh Fruit</li> <li>Organic Milk</li> </ul>
TODDLER MORNING SNACK	<ul><li>Wheat Crackers</li><li>Sliced Cheese</li></ul>	<ul><li>Nutrigrain Bar</li><li>Organic Milk</li></ul>	<ul><li>Yogurt</li><li>Fresh Fruit</li></ul>	<ul><li>Graham Crackers</li><li>Cream Cheese</li></ul>	<ul><li>Corn Bread</li><li>Fresh Fruit</li></ul>
LUNCH	<ul> <li>Chicken Parmesan Sandwich</li> <li>Roasted Broccoli</li> <li>Fresh Fruit</li> <li>Organic Milk</li> <li>V: Veggie Patty Sandwich</li> </ul>	<ul> <li>Meatloaf</li> <li>Roasted Potatoes &amp; Green Beans</li> <li>Fresh Fruit</li> <li>Organic Milk</li> <li>V: Grilled Cheese Sandwich</li> </ul>	<ul> <li>White Chicken Chili</li> <li>Corn Bread</li> <li>Fresh Fruit</li> <li>Organic Milk</li> <li>V: Vegetarian Chili with Beans</li> </ul>	<ul> <li>Spaghetti</li> <li>Turkey Meatballs</li> <li>Peas &amp; Carrots</li> <li>Fresh Fruit</li> <li>Organic Milk</li> <li>V: Spaghetti with Spaghetti Sauce</li> </ul>	<ul> <li>Grilled Chicken Nuggets</li> <li>Vegetarian Beans</li> <li>Fresh Fruit</li> <li>Organic Milk</li> <li>V: Veggie Patty Sandwich</li> </ul>
AFTERNOON SNACK	<ul><li>Nutrigrain Bar</li><li>Fresh Fruit</li></ul>	<ul><li>Garlic Breadstick</li><li>Marinara Sauce</li></ul>	<ul> <li>Homemade Apple         Cinnamon Snack         Cake</li> <li>Organic Milk</li> </ul>	<ul><li>Soy Butter</li><li>Pita Bread</li></ul>	<ul> <li>String Cheese</li> <li>Whole Wheat Crackers</li> <li>I/T: Sliced Cheese</li> </ul>

## We Serve Healthy Meals

- Vegetarian meal options available
- Fresh fruits and vegetables served daily
- Proteins include chicken, turkey, beef, pork, cheese, and beans
- Whole milk served to Infants and Toddlers
- 1% milk served to Young Preschool, Preschool and Kindergarten Prep
- All meals are served family style





