



# Jeannette Cathy Children's Center Weekly Menu



Menu Prepared By: Sandra Strother, Kitchen Manager

Approved by: Gemorial Johnson, Director

Week: 6.10.2019	Monday June 10	Tuesday June 11	Wednesday June 12	Thursday June 13	Friday June 14
A.M. Snack	Whole Grain Cheerios Fresh Bananas  Allergy: Gluten-Free Cereal Fresh Bananas  Infants: Fresh Bananas	Cinnamon Maple Pancakes Frozen Strawberries  Allergy: Gluten-Free Cinnamon Maple Pancakes Frozen Strawberries  Infants: Frozen Strawberries	Whole Wheat Cheese Toast Fresh Apples Allergy: Gluten-Free Toast Dairy-Free Cheese Fresh Apples  Infants: Applesauce	Blueberry Muffins Mixed Berries  Allergy: Gluten-Free Waffles Mixed Berries  Infants: Mixed Berries	Turkey Sausage Biscuit Fresh Oranges  Allergy: Gluten-Free Toast Turkey Sausage Pattie Fresh Oranges  Infants: Mandarin Oranges
Lunch	Breaded Chicken Tenders Sweet Peas & Onions Bread Sticks Frozen Peaches Allergy: Gluten-Free Breaded Chicken Tenders $\frac{1}{2}$ Gluten Free Bread Roasted Broccoli Sweet Peas & Onions  Infants: Frozen Peaches	Cheese Ravioli in Tomato Sauce Garden Green Salad Fresh Pears  Allergy: Gluten-Free Pasta in Tomato Sauce w/Dairy-Free Cheese Garden Green Salad Fresh Pears  Infants: Diced Pears in Juice Green Beans	BBQ & Bacon Turkey Cheeseburger Sliders Roasted Potato Wedges Fresh Cantaloupe Allergy: BBQ Turkey Burger Sliders on Gluten-Free Bread Roasted Potato Wedges Fresh Cantaloupe  Infants: Fresh Cantaloupe	Tuna Puffs Steamed Corn w/Green Peppers Frozen Peaches Allergy: Gluten-Free Bread w/Chicken Sandwich Steamed Corn w/Green Peppers Frozen Peaches  Infants: Frozen Peaches	Chinese Chicken Salad Wraps w/Broccoli in Sesame Dressing Frozen Mango Allergy: Chinese Chicken Salad Gluten-Free Bread Roasted Broccoli Frozen Mango  Infants: Frozen Mango
P.M. Snack	White Bean Dip Bread Sticks  Allergy: White Bean Dip Gluten-Free Bread Sticks  Infants: White Bean Dip	$\frac{1}{2}$ Sun Butter and Applesauce Sandwich Fresh Oranges Allergy: $\frac{1}{2}$ Gluten-Free Sun Butter and Applesauce Sandwich Fresh Oranges  Infants: Mandarin Oranges	Vanilla Yogurt & Blueberry Parfaits  Allergy: Blueberry Cups Gluten-Free Cookies  Infants: Vanilla Yogurt w/Blueberry Parfaits	Toasted Cheese Pitas Fresh Bananas  Allergy: $\frac{1}{2}$ Gluten- Free Bread w/Dairy-Free Cheese Fresh Bananas  Infants: Fresh Bananas	Graham Cracker Cheese Sticks  Allergy: Carrot Sticks Gluten-Free Crackers  Infants: Graham Crackers Cheese Sticks

**Note:** Whole Milk for Infants & Toddlers. 1% Milk for Early Preschool, Preschool, Kindergarten Prep, & Camp when present.

**Note:** Fruits will be fresh, frozen or packed in fruit juice.

**Note:** Menu subject to change based on availability.