

BRIGHT HORIZONS at GMCC

What's on the Menu?



November 25-29, 2019	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MORNING SNACK	Corn Flakes Cereal Fresh Fruit	Sweet Potato Scones Fresh Fruit	Sweet Potato Oatmeal Fresh Fruit	Have A	Cheerios Cereal Fresh Fruit
LUNCH	Tomato Basil Macaroni Steamed Sweet Peas Fresh Fruit	Turkey Taco Soup Tomato Soup Homemade Cornbread Fresh Fruit	Turkey Meatloaf Veggie Nuggets Sweet Potato Soufflé Baked Apples	Happy	Turkey Sliders Grilled Cheese Coleslaw Fresh Fruit
AFTERNOON SNACK	Sweet Potato Bread Juice/Water	Sweet Potato and Golden Raisin Oatmeal Cookies Juice/Water	Sweet Potato Pinwheels Juice/Water	Thanksgiving	Trail Mix Juice/Water
DINNER	Turkey Sliders Grilled Cheese Sweet Potato Fries Fresh Fruit	Cheese Tortellini Steamed Corn Fresh Fruit	Turkey Chili Tomato Soup Homemade Cornbread Fresh Fruit	Holiday!	Turkey Salad Veggie Nuggets Whole Wheat Crackers Fresh Fruit

We Serve Healthy Meals

- Fresh fruits and vegetables served daily
- All meals are baked, not fried
- Proteins include chicken, turkey, beef, tofu, cheese, and beans
- Organic Milk served to all children Toddlers through Kindergarten Prep
- All meals served family style
- Select produce are locally grown and supplied by NC/SC farmers
- This menu is subject to change without notice due to deliveries and emergencies.

Vegetarian Alternative

