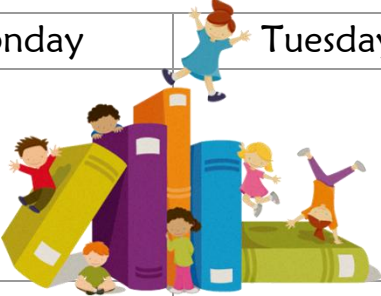





MARCH 2019

Snack Menu

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Morning Green Eggs Ham Afternoon Truffula Broccoli Trees
	4 Morning Croissant & Jam Cutie Oranges Afternoon Carrot Chips Hummus, Fresh Fruit	6 Morning Yogurt Tubes Cheerios Afternoon Ritz Crackers Cheese Crackers	7 Morning Apple & Sun Butter Roll-Up Afternoon Multigrain Crackers Avocado	8 Morning Cantaloupe Wedges Bagels & Cream Cheese Afternoon Fig Bars Strawberries
	11 Morning Organic Fruit Smoothie Bowl Cereal Afternoon Cheese Crackers Pear Slices	13 Morning Organic Carrot Energy Bites Afternoon Cucumber with Tahini Garlic Breadsticks	14 Morning Mixed Fruit Salad Waffles Afternoon Crockpot Organic Mac n Cheese	15 Morning French Toast Sticks Fresh Fruit Afternoon Cutie Oranges Raisins
18 Morning Chiaseed Pudding Cups Tangerines Afternoon Goldfishes Dried Fruit	19 Morning Banana Applesauce Afternoon Quesadillas 	20 Morning Cucumber Hummus Afternoon Cheddar Rice Puffs Fruit Strips	21 Morning Rice Cakes, Sun Butter Dried Fruit Afternoon Ritz Crackers String Cheese	22 Morning Bagel Cream Cheese Afternoon Diced Cut Apples Raisins
25 Morning Rice Cakes Spreadable Cheese Basil Afternoon Pizza English Muffins	26 Morning Yogurt Parfaits Afternoon Soft Pretzels Cheese	27 Morning Cream of Wheat Afternoon Carrot & Zucchini Chips & Ranch	28 Morning Fruit Smoothie Cereal Granola Afternoon Parmesan Pita, Hummus, Mozzarella, Diced Tomatoes	29 Morning Sunflower Roll-Up Banana Afternoon Coconut Yogurt Pineapple

Special Notes

*** Water is available to students at all times.
*** Snack menu is subject to change based on availability.
***Snacks served by 10:30am for morning and 3:00pm for afternoon.

Serving Sizes

Cereal	1/3 c.
Cereal w/Raisins	1/2 c.
Pretzels	3lg/10sm
Multigrain Crackers	2
Graham Crackers	1
Townhouse/Ritz/Club	3
Wheat Thins	8
Goldfish	20
Veggie Chips	11
Pita Chips	3
Veggie Straws	18
Cheddar Rice Puffs	14
Fruit Bars	1
Dried Fruit	1/6 c.
Frozen Berries	1/4 c.
Cheese	1
Applesauce	1/4 c.
Hummus	1/4 c.
Banana/Apple Chips	8