

EMBRACE HOPE

Missio

Young Ministry
Adventures in Faith
Part of the Youth in Their World

AFERRATE A LA ESPERANZA

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Center for Ministry
Development

September 19, 2020

1

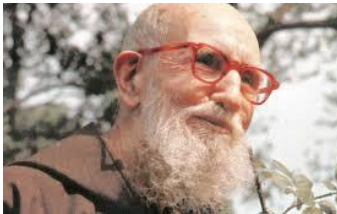


For surely I know the plans I have for you, says the Lord,
plans for your welfare and not for harm, to give you a
future with hope.

Jeremiah 29:11

We are
people of
hope.

2



Thank God ahead of time.

Blessed
Solanus
Casey

3



Abandonment – I am all alone in this
Failure – I'm not up to this
Powerlessness – I can't make a difference

Without
Hope

4

Snyder's Hope Theory

toolshero

Get a confident start by asking different questions

Pathways thinking	Agency thinking
<ul style="list-style-type: none"> What is going on? Where do I want to go? What is stopping me? 	<ul style="list-style-type: none"> Which strengths can I use to achieve my goal? Which aspects of my current situation work to my advantage? When was I successful in similar situations in the past and why?

www.toolshero.com

5



Direction – Goals – I know where I want to go.
Pathways – I can find my way.
Agency – I can use my power to make a change.

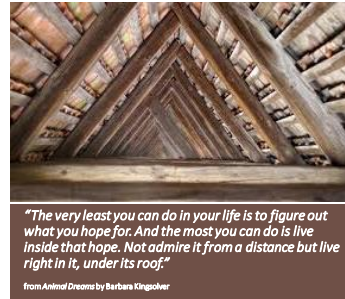
Cultivating
Hope

6

i can do all
things through
Christ who
strengthens me

PHILIPPIANS 4:13

7



We live in
our hope.

8



Prayer

9

Prayer



Matthew 7:9

Which one of you would hand his son a stone when he asks for a loaf of bread, or a snake when he asks for a fish? If you then, who are wicked, know how to give good gifts to your children, how much more will your heavenly Father give good things to those who ask him.

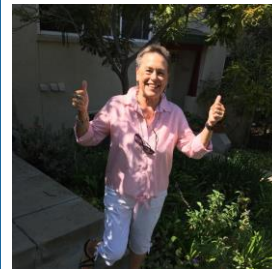
10



Lynn Neu –
*Does Prayer
work?*



11



Yes, I am not
the same.



12



Thanking God ahead of time.

13



14

Prayer – Conclusion of the Divine Mercy Chaplet



Eternal God, in whom **mercy** is endless and the treasury of compassion – inexhaustible, look kindly upon us and increase Your **mercy** in us, that in difficult moments we might not despair nor become despondent, but with great confidence submit ourselves to Your holy will, which is Love and **Mercy** itself.
Amen

15



Cultivating
Hope

16

Step 1: Rest in
God's
Providence

- When have I experienced God's presence and action?
- What are the signs of God's love and care in my life?

17

Step 2: Listen
with the Ear of
your Heart

- Where do I want to go?
- What do I hope for? What is the hope behind that hope?

18

Step 3: Choose a Way to Live in Hope

- How can I take a step toward my hope?
- Who can share my path?

19

Step 4: Know Your Goodness

- How have I acted before with strength and resilience?
- How can I boldly live as a Child of God?

20

Step 5: Trust God

- What do I need to let go of to trust in God?
- What feeds my hope and trust?

21



What gives you hope in this moment?

22



Be Witnesses of Hope

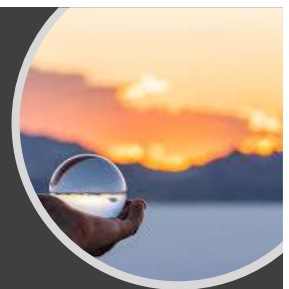
Live Hope
Cultivate Hope
Share Hope
Give reasons for Hope

23

Reasons for Hope

"...the future of humanity rests with people who are capable of providing the generations to come with reasons for living and for hope."

Gaudium et Spes – Vatican II



24



Create
Possibilities



Questions and
Comments



25

26



Be Bold and
Ask for What
you Need



27