

# BRIGHT HORIZONS

## What's on the Menu?



Week 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MORNING SNACK</b>	Cheerios with Milk Banana Water	Bran Muffin Peaches Milk	Cheese Grits Milk	Graham Crackers Fruit Salad Milk	Nutrigrain Bar Mango Water
<b>LUNCH</b>	Chicken Tenderloins with BBQ Sauce Baked Beans Cantaloupe Milk	Grilled Chicken Breast Green Beans Watermelon Milk	Club Sandwich (Turkey, bacon, lettuce, tomato) Steamed Carrots Strawberries Milk	Shredded Pork BBQ with Sauce Roll Corn Apple Slices Applesauce (I/T) Milk	Cheese Ravioli with Meat Sauce Salad Breadstick Mandarin Oranges Milk
<b>AFTERNOON SNACK</b>	Cinnamon Apples Graham Crackers Water	Cheese and Tortilla Roll-up Orange Slices Mandarin Oranges (I/T) Water	Saltine Crackers Mango Water	Banana Oyster Crackers Milk	Yogurt Parfait Water

### We Serve Healthy Meals

- Fresh fruits and vegetables served daily
- All meals are baked, not fried
- Proteins include chicken, turkey, pork, beef, cheese, and beans
- Whole milk served to infants and toddlers
- 1% milk served to young preschool, preschool, and kindergarten prep
- All meals served family style

I/T: Infant/Toddler Alternative

