



2020

MARCH

SUNDAY

FIRST DAY OF WEEK

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
01 	02 Marinated grilled chicken breast *Veg Baked potato w/ vegetarian chili/cheese WG pasta salad w/ beans Steamed baby carrots Cubed watermelon Milk 1%	03 Philly cheesesteak on WG bun *Veg Garden Hummus Wrap w/ grilled tofu Fresh steamed green beans Cubed watermelon Milk 1%	04 Soft Beef Taco *Veg taco with grilled tofu and rstd veggies Stewed tomatoes Mandarin orange sections Milk 1%	05 Cheese tortellini with marinara *Veg Chs Tortellini with marinara Fresh steamed broccoli Diced peaches WG Roll Milk 1%	06 Cheese Pizza *Vegetarian Cheese Pizza Fresh steamed green beans Diced pineapple Milk 1%	07
08	09 Chicken WG quesadilla w/ bean and cheese *Veg Cheese WG quesadilla Roasted rosemary tomatoes Diced peaches Milk 1%	10 Turkey cheeseburger on a WG bun *Veg 305 Burger on a WG bun Broccoli florets Diced pears Milk 1%	11 Grilled cheese on WG bread *Veg Grilled cheese on WG bread Fresh roasted green beans Diced pineapple Milk 1%	12 WG chicken nuggets *Veg Grilled cheese sandwich on WG bread Steamed baby carrots Diced pineapple Lowfat yogurt Milk 1%	13 WG Cheese pizza *Veg WG Cheese pizza Roasted green beans Banana Milk 1%	14
15	16 Turkey sandwich on a WG roll *Veg Grilled cheese sandwich on WG bread Steamed peas and carrots Diced peaches Lowfat vanilla yogurt Milk 1%	17  Meatball sandwich on a WG roll *Veg Baked WG pasta with cheese and sauce Broccoli florets Diced Pears Milk 1%	18 BBQ pulled chicken on a WG roll *Vegetarian 305 Blk Bean Burger on a WG roll Steamed diced carrots Diced peaches Milk 1%	19 Chicken fajitas w/ peppers and onions on a WG tortilla *Veg Baja bean taco on a WG tortilla with grilled tofu Roasted tomatoes Banana Milk 1%	20 Cheese tortellini with marinara *Veg Chs Tortellini with marinara Fresh steamed broccoli Diced peaches WG Roll Milk 1%	21
22	23 Elbows w/ Ital. meat sauce *Vegetarian Elbows w/ marinara and grilled tofu Fresh Steamed Broccoli Banana WG Roll Milk 1%	24 Cheese Pizza *Vegetarian Cheese Pizza Fresh steamed green beans Diced pineapple Milk 1%	25 Chicken sandwich on a WG bun *Veg Hummus, feta and rstd veggies on a WG wrap Tossed side salad Diced Pears Milk 1%	26 WG Chicken nuggets *Veg WG grilled cheese Steamed baby carrots Diced peaches Lowfat vanilla yogurt Milk 1%	27 WG Griled Cheese sandwich *Veg WG Grilled cheese sandwich Roasted green beans Mandarin orange sections Lowfat vanilla yogurt Milk 1%	28
29	30	31	01	02	03	04

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	WG baked ziti with ricotta & mozz *Veg WG baked ziti with ricotta & mozz Broccoli florets Diced peaches Milk 1%	Turkey cheeseburger on a WG bun *Veg 305 Burger on a WG bun Steamed peas and carrots Diced pears Milk 1%				
05	06	07	08	09	10	11