

BRIGHT HORIZONS

What's on the Menu?



Week of 4/30	Monday	Tuesday	Wednesday	Thursday	Friday
AM Snack	Whole Wheat Bagel & Cream Cheese	Raspberry Cereal Bar & Apples	Corn Muffin & Pineapple	Cereal w/ Milk & Peaches	Whole Wheat Waffle & Mandarin Oranges
PM Snack	Carrots, Celery & Hummus	Wheat Tortilla w/ Cream Cheese & Salsa	Muffin Pizza w/ Mozzarella Cheese	Graham Crackers & Applesauce	Parmesan Breadsticks & Marinara Sauce
Week of 5/7	Monday	Tuesday	Wednesday	Thursday	Friday
AM Snack	Greek Yogurt & Mixed Berries	Egg Omelet & Pears	Vanilla Yogurt & Granola	Whole Grain Oatmeal w/ Maple & Raisins	English Muffins w/ Butter & Jam
PM Snack	Strawberry, Spinach, and Feta Salad	Wheat Crackers & Mozzarella Cheese	Chex & Craisin Trail Mix w/ Milk	Sunbutter & Wheat Crackers	Cheddar Quesadilla & Guacamole

We Serve Healthy Snacks

- Vegetarian snack options available
- Fruits and/or vegetables served daily
- Proteins include egg, chicken, turkey, yogurt, cheese, beans and more
- Organic whole milk served to infants and toddlers
- Organic 1% milk served to Twos and Preschool
- All meals served family style
- Snacks are prepared daily

V:Vegetarian Alternative



*Menu Items are subject to change