

Monday	Tuesday	Wednesday	Thursday	Friday
<b>AM</b> Whole Wheat Waffles w/ Syrup Tropical fruit salad  <b>LUNCH</b> Cheese Lasagna Mixed Vegetables Pineapple Milk  <b>PM</b> Apple Crisp Milk	<b>AM</b> Biscuits & Jelly Apricots Milk  <b>LUNCH</b> Mac & cheese Cauliflower Applesauce Milk  <b>PM</b> Fresh Fruit graham crackers	<b>AM</b> Yogurt Kiwi  <b>LUNCH</b> Chicken Strips Grilled Gardenburger Strips Mashed Potatoes Cooked Carrots Wheat Bread Milk  <b>PM</b> Banana Bread Milk	<b>AM</b> Cream of Wheat Milk  <b>LUNCH</b> Bar B Que Burger Bar B Que Veggie Bruger# Baked Beans Fresh Fruit Bread Milk  <b>PM</b> Crudités Hummus Water	<b>AM</b> Crispx Cereal Milk  <b>LUNCH</b> SwedishMeatballs Quinoa Balls# Pasta Salad Mixed Fruit Milk  <b>PM</b> Apple butter Sliced wheat bread
<b>AM</b> French Toast w/ Syrup Milk  <b>LUNCH</b> Hamburger Sliders Veggie Burgers Vegetable Medley Applesauce Milk  <b>PM</b> Fruit & Cheese Kabobs Water	<b>AM</b> Yogurt Graham Crackers  <b>LUNCH</b> Vegetable Soup Grilled Cheese Peaches Milk  <b>PM</b> Spinach Dip and Pita Chips Milk	<b>AM</b> Oatmeal Milk  <b>LUNCH</b> Grilled Chicken Nuggets Veggie Nuggets# Fresh carrots* Banana Milk  <b>PM</b> Grapes Graham Crackers Water	<b>AM</b> String Cheese Baked Cinnamon Apples  <b>LUNCH</b> Grilled Chicken Veggie Burger# Green Beans Pineapple Milk  <b>PM</b> Soft Pretzels Cheese Water	<b>AM</b> Toast w/ Cheese Water  <b>LUNCH</b> Chicken Soft Taco/ Taco beans # w/ Cheese & Lettuce Mixed Fruit Normandy Vegetable Blend Milk  <b>PM</b> Sun Butter on Wheat Bread Milk
<b>AM</b> Apple Bran Muffins Milk  <b>LUNCH</b> Cheese Pizza Peas & Carrots Pears Milk  <b>PM</b> Cinnamon Raisin Bread Milk	<b>AM</b> Cinnamon Toast Turkey Bacon Milk  <b>LUNCH</b> Lentil Stew Salad * Peaches Cornbread Milk  <b>PM</b> Apple Granola Bars Milk	<b>AM</b> Bagel w/ Cream Cheese Milk  <b>LUNCH</b> Grilled chicken/ Grilled Tofu# w/ sautéed# Broccoli over Pasta Pineapple Milk  <b>PM</b> Orange Slices Graham Crackers water	<b>AM</b> Cinnamon Graham Cracker Yogurt Water  <b>LUNCH</b> Grilled Cheese Tomato Soup Sliced Apples Milk  <b>PM</b> Fig Bars Milk	<b>AM</b> Apple Cinnamon Cheerios Milk Banana  <b>LUNCH</b> Roasted Turkey Quinoa # Stuffing Green beans Mixed Fruit Milk  <b>PM</b> Colby Jack Cheese Wheat Crackers Water
<b>AM</b> Cream of Wheat Milk  <b>LUNCH</b> Chili Soup/w/beans# Crackers Carrot Sticks* Pears Milk  <b>PM</b> Wheatberry Bread Mixed Berries	<b>AM</b> Eggs, Turkey Sausage, Toast Milk  <b>LUNCH</b> Grilled Chicken Grilled Gardenburger# Fresh Fruit Peas Rolls Milk  <b>PM</b> Banana Bread Orange slices	<b>AM</b> Bran Muffin Milk  <b>LUNCH</b> Chicken Pot Pie Veggie Crumbles Pot Pie# Broccoli Peaches Milk  <b>PM</b> Pretzels String Cheese Water	<b>AM</b> Cereal Milk  <b>LUNCH</b> Spaghetti w/ Meat Sauce Spaghetti w/ Veggie Crumbles# Salad* Mandarin Oranges Milk  <b>PM</b> Pita chips and bean dip Water	<b>AM</b> Yogurt Parfait Milk  <b>LUNCH</b> Ham Cheese Slice# Roll Sweet Potatoes Green Beans Milk  <b>PM</b> Carrots & Ranch Dip Wheat Thins
<b>AM</b> Cottage Cheese Tropical Fruit Salad  <b>LUNCH</b> Meatloaf w/ gravy Quinoa# Mashed Potatoes Green Beans Whole Wheat Rolls Milk  <b>PM</b> Raisin bread Fresh Berries Milk	<b>AM</b> Cheese Toast Banana Milk  <b>LUNCH</b> Chicken Parmesan Veggie Burger Parmesan# Whole Wheat Pasta Broccoli Applesauce Milk  <b>PM</b> Nurti-Grain Bar Melon	<b>AM</b> Turkey Sausage Biscuits Milk  <b>LUNCH</b> Cheese Quesadillas Corn Tomatos Milk  <b>PM</b> Celery Carrots Dip	<b>AM</b> Pancakes w/ syrup Milk  <b>LUNCH</b> Chicken/Veggie Crumbles# Vegetable Fried Rice Mandarin Oranges Milk  <b>PM</b> Vanilla Waffles Strawberries Water	<b>AM</b> Blueberry Muffin Milk  <b>LUNCH</b> Cheese Ravioli w/ Marinara Sauce Salad Asparagus Milk  <b>PM</b> Yogurt w/ pineapple & oranges

\* Infant/ Toddler Substitute #Vegertian Substitute