

DOMESTIC VIOLENCE AFFECTS EVERYONE

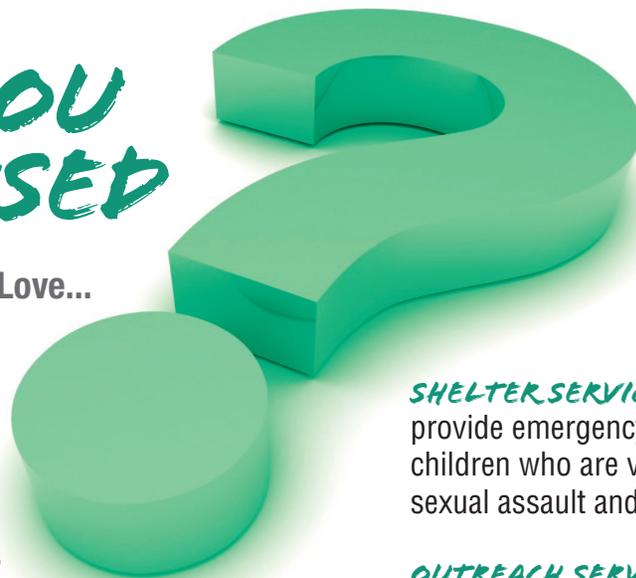


ALL races
ALL genders
ALL ages
ALL religions
ALL professions
EVERYONE



Domestic violence is the use of power and control within an intimate relationship that threatens a person's well being. It's not always physical abuse. It can be mental, verbal, emotional, financial, or sexual abuse. It affects all ages, both sexes, all cultures, all professions, and people from all income levels – the rich, the middle-class, and the poor. It is an epidemic affecting Americans in all communities. If you or someone you know needs help, don't ignore the problem, talk to someone or call!

ARE YOU ABUSED



Does the Person You Love...

- "Track" all of your time?
- Constantly accuse you of being unfaithful?
- Discourage relationships with family and friends?
- Prevent you from working or attending school?
- Criticize you for little things?
- Anger easily when drinking or using drugs?
- Control all finances and force you to account for what you spend?
- Humiliate you in front of others?
- Destroy personal property or sentimental items?
- Hit, punch, slap, kick, or bite you or the children?
- Use or threaten to use a weapon against you?
- Threaten to hurt you or the children?
- Force you to have sex against your will?

If you find yourself saying yes to any of these, **it's time to get help.**

Toll FREE Crisis (866) 593-9999



SHELTER SERVICES

provide emergency care for women and children who are victims of domestic violence, sexual assault and homelessness

OUTREACH SERVICES

include 24-hour crisis response; non-residential support services; community and professional training; teen dating violence and sexual abuse prevention sessions

CHILDREN'S ADVOCACY

include an in-shelter weekday preschool program; children's support and educational groups; advocacy and support; recreational opportunities

KID CONNECTION

is an after-school and weekday summer program for elementary-aged children having lived in a Madison County homeless shelter



More than 80% of Americans believe something should be done about family violence.

If you are one of them, here are five ways you can help:



SPEAK OUT!

If you know someone experiencing domestic violence, speak out for them. Call Alternatives Inc., get them the help they need, and help end the cycle of abuse.

SHARE THE STORY

Call Alternatives Inc. and schedule a program for your club or organization.

DONATE SUPPLIES

Gifts of linens, personal care items, laundry products, and food stretch the shelter's budget and extend services.

VOLUNTEER YOUR TIME

Many agency programs depend on volunteers to keep costs in line.

JOIN OUR CIRCLE OF FRIENDS

Support Alternatives Inc. with a financial contribution that shows your commitment as a friend of the family.



Serving Madison, Hamilton, Hancock, Henry, and Marion counties

P.O. Box 1302

Anderson, IN 46015

Office: (765) 643-0218

Local Crisis: (765) 643-0200

Hancock County Outreach Office: (317) 462-8777

Toll FREE Crisis (866) 593-9999

www.alternativesdv.org

Email for questions, not crisis
alternatives@alternativesdv.org



BREAK THE CYCLE AND
SPEAK OUT



**AGAINST
DOMESTIC VIOLENCE**



ALTERNATIVES^{inc.}
Working to End Domestic Violence