

Attachment 2

Cycle Menu B No Pork No Peanut
Pre-School Portion Control Sheet
October 2017 - September 2018

(8.30.17)

10/2-10/6 11/6-11/10 12/14-12/15 1/15-1/19 2/19-2/23 3/26-3/30 4/30-5/4 6/4-6/8 7/9-7/13 8/13-8/17 9/17-9/21

Week One		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST						
Milk Ages 1-5: six oz..		2-5 yrs. old: 1% Low-Fat Milk 12-24 mos. old: Whole Milk	2-5 yrs. old: 1% Low-Fat Milk 12-24 mos. old: Whole Milk	2-5 yrs. old: 1% Low-Fat Milk 12-24 mos. old: Whole Milk	2-5 yrs. old: 1% Low-Fat Milk 12-24 mos. old: Whole Milk	2-5 yrs. old: 1% Low-Fat Milk 12-24 mos. old: Whole Milk
Meat/Meat Alternate				Cheese (1oz.)		Yogurt Flavored 4 oz. cup Pre-portioned
Vegetable/Fruit/Juice Ages 1-18: ½ c		4 oz. 100% Apple Juice	Pears (½ c.)	Raisins ¼ c. 1 each - Pre-portioned EHS: Mandarin Oranges (½c.)	Cinnamon Apples (½ c.)	1 Banana (½ c.)
Grains/Breads Ages 1-5: ½ slice/serving, ½ c		Blueberry Bagel 1 pkt. Cream Cheese	Pre-portioned Scooters Cereal (1 c.) 1 Each	(1 oz.) Whole Wheat Bread 1 sl. Each 1 pkt. Margarine	Pre-portioned Crispix (1 c.) 1 each	Corn Flakes Cereal (1 c.) 1 each
		41062	41064	41066/41068	41070	41072
LUNCH						
Milk Ages 1-5: six oz.; Ages 6-18: eight oz.		2-5 yrs. old: 1% Low-Fat Milk 12-24 mos. old: Whole Milk	2-5 yrs. old: 1% Low-Fat Milk 12-24 mos. old: Whole Milk	2-5 yrs. old: 1% Low-Fat Milk 12-24 mos. old: Whole Milk	2-5 yrs. old: 1% Low-Fat Milk 12-24 mos. old: Whole Milk	2-5 yrs. old: 1% Low-Fat Milk 12-24 mos. old: Whole Milk
Meat/Meat Alternate Ages 1-5: 1 ½ oz. Ages 6-18: 2 oz.		Turkey Roast (2 oz. each) 1 slice each - Tongs	Chicken Tetrazzini 2 M/M/A Level #6 Scoop	Ground Beef Stroganoff 4 oz. 2 M/M/A Level #8 Scoop	Breaded Fish 2 M/M/A CN 1 each - Tongs	Drumstick (1.5 oz.. each) 1 each - Tongs
Vegetable Ages 1-5: ½ c; Ages 6-18: ½ c (Double portion for salads)		Coleslaw (½ c.)	Sautéed Spinach and Tomatoes (½ c.) Level #16 Scoop	Cauliflower (½ c.) Level #16 Scoop	Mixed Vegetables (¾ c.) Level #16 Scoop	Green Beans (¾ c.) Level #16 Scoop
Fruit or Vegetable Ages 1-18: ¼ c		Sweet Potatoes (¾ c.)	Applesauce (¾ c.) Level #16 Scoop	Seasonal Fresh Fruit (¾ c.) (cantaloupe, honeydew, strawberries, or watermelon) Level #16 Scoop	Mandarin Oranges (¾ c.) Level #16 Scoop	Salad (Spinach, Romaine Tomato, Cucumber) (½ c.) Level #8 Scoop
Grains/Breads Ages 1-5: ½ slice/serving, ½ c Ages 6-18: 1 slice/serving, ½ c		(1 oz.) Whole Wheat Bread 1 sl. Each Margarine	Penne Pasta (¾ c.) In Entrée	Noodles (¾ c.) In Entrée	(1.3 oz.) Whole Wheat Roll 1 Each - Tongs	(1.4 oz.) Cornbread 1 each 1 pkt. Low Fat Ranch Dressing
		41128	41130	41132	41134	41136
SNACK						
Milk Ages 1-5: four oz.						
Meat/Meat Alternate Ages 1-5: ½ oz.		Yogurt Flavored 4 oz. cup Pre-portioned		Cheese Slice (½ oz.) In Cheese Crackers	Cottage Cheese (1 oz.)	
Vegetable Ages 1-5: ½ oz.						
Fruit/Juice Ages 1-5: ½ c		Tropical Mixed Fruit Cup (½c.) Pre-portioned	Fruit Salad (½c.)	Peach Cup ½ c. Pre-portioned	Pineapple Cup ½ c. Pre-portioned	Orange Wedges ½ c. each - Cut on site EHS: 4 oz. 100% Orange Juice
Grains/Breads Ages 1-5: ½ slice/serving, ½ c			(1 oz.) Whole Grain Blueberry Muffin 1 each	Cheese Crackers: Whole Grain Crackers (2 ct.) (½ oz.) Cheese Slice (½ oz.)	(1 oz.) Whole Wheat Bread 1 sl. Each Margarine	(1 oz.) Original Sun Chips 1 bag Each
		41178	41180	41182	41184	41186

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Cycle Menu B No Pork No Peanut
Pre-School Portion Control Sheet
October 2017- September 2018

(8.30.17)

10/9-10/13 11/13-11/17 12/18-12/22 1/22-1/26 2/26-3/2 4/2-4/6 5/7-5/11 6/11-6/15 7/16-7/20 8/20-8/24 9/24-9/28

Week Two		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	Milk Ages 1-5: six oz.; Ages 6-18: eight oz.	2-5 yrs. old: 1% Low-Fat Milk 12-24 mos. old: Whole Milk	2-5 yrs. old: 1% Low-Fat Milk 12-24 mos. old: Whole Milk	2-5 yrs. old: 1% Low-Fat Milk 12-24 mos. old: Whole Milk	2-5 yrs. old: 1% Low-Fat Milk 12-24 mos. old: Whole Milk	2-5 yrs. old: 1% Low-Fat Milk 12-24 mos. old: Whole Milk
	Meat/Meat Alternate	Yogurt Flavored 4 oz. cup Pre-portioned			Hard Boiled Egg (1/2)	
	Vegetable/Fruit/Juice Ages 1-18: 1/2 c	Pineapple (1/2 c.) Pre-portioned	Pear Cup (1/2 c.) Pre-portioned	1 Banana (1/2 c.) Cut on site	Peach Cup (1/2 c.) Pre-portioned	Orange Wedges (1/2 c.) Cut on site
	Grains/Breads Ages 1-5: 1/2 slice/serving, 1/2 c	Kix Cereal (1 c.) 1 each	(1.25 oz.) Cinnamon Raisin Bagel 1/2 each - Tongs 1 pkt. Cream Cheese	(1 oz.) Whole Wheat Bread 1 sl. Each 1 pkt. Margarine	(2 oz.) Whole Grain English Muffin 1/2 each - Tongs Margarine & Jelly	Crispy Rice Cereal (1 c.) 1 each
		41074	41076	41078	41080	41082
LUNCH	Milk Ages 1-5: six oz.; Ages 6-18: eight oz.	2-5 yrs. old: 1% Low-Fat Milk 12-24 mos. old: Whole Milk	2-5 yrs. old: 1% Low-Fat Milk 12-24 mos. old: Whole Milk	2-5 yrs. old: 1% Low-Fat Milk 12-24 mos. old: Whole Milk	2-5 yrs. old: 1% Low-Fat Milk 12-24 mos. old: Whole Milk	2-5 yrs. old: 1% Low-Fat Milk 12-24 mos. old: Whole Milk
	Meat/Meat Alternate Ages 1-5: 1 1/2 oz. Ages 6-18: 2 oz.	Chili con Carne with Beans (1/2 c.) 2 M/M/A	Chicken Nuggets (0.6 oz. each x3) 1.5 M/M/A CN	Salisbury Steak w/Gravy 1.5 M/M/A CN 1 each - Tongs	Sesame Noodles with Chicken and Vegetables 2 M/M/A	Sliced Turkey (1.6 oz.) & Cheese (1/2 oz.) W961
	Vegetable Ages 1-5: 1/4 c; Ages 6-18: 1/2 c (Double portion for salads)	Level #8 Scoop Corn (1/4 c.)	3 each - Tongs Broccoli (1/4 c.)	Peas & Carrots (1/4 c.) Level #16 Scoop	Level #8 Scoop Baked Sweet Potato (1/4 c.) Level #16 Scoop	Lettuce, Tomato, & Pickle (2 oz.) Mashed Potatoes (1/4 c.) (not instant) Level #16 Scoop
	Fruit or Vegetable Ages 1-18: 1/4 c	Level #16 Scoop Tropical Mixed Fruit (1/4 c.)	Level #16 Scoop Applesauce (1/4 c.)	Seasonal Fresh Fruit (1/4 c.) (cantaloupe, honeydew, strawberries, or watermelon)	Fruit Salad (1/4 c.) Level #16 Scoop	Salad (Spinach, Romaine Tomato, Cucumber) (1/2 c) Level #8 Scoop
SNACK	Grains/Breads Ages 1-5: 1/2 slice/serving, 1/4 c Ages 6-18: 1 slice/serving, 1/2 c	Level #16 Scoop Brown Rice (1/4 c.) Level #8 Scoop	(1 oz.) Whole Wheat Bread 1 sl. Each Barbecue Sauce 1 pkt. each	Macaroni & Cheese (1/4 c.) Level #8 Scoop	Whole Grain Noodles (1/4 c.) In Entrée	Whole Wheat Bread (included Above) 1 pkt. Each French Dressing, Mayo & Mustard
		41138	41140	41142	41144	41146
	Milk Ages 1-5: four oz.; Ages 6-18: eight oz.	2-5 yrs. old: 1% Low-Fat Milk 12-24 mos. old: Whole Milk	2-5 yrs. old: 1% Low-Fat Milk 12-24 mos. old: Whole Milk			
	Meat/Meat Alternate Ages 1-5: 1/2 oz. Vegetable Ages 1-5: 1/2 c Fruit/Juice Ages 1-5: 1/2 c Grains/Breads Ages 1-5: 1/2 slice/serving, 1/2 c	Provolone Cheese Slice		Soynut Butter (1 oz.) 2 Tbsp.	Yogurt Flavored 4 oz. cup Pre-portioned	Tuna Salad (1 oz.)
				Apple Slices (1/4 c.) EHS: Applesauce Cup (1/2 c.)	4 oz. 100% Orange Juice	
		(1 oz.) Pretzels 1 each	(2oz.) Corn Muffin			Whole Grain Square Crackers (2ct) (1/2 oz.) 2pkgs. Each
		41188	41198	41200/41202	41204	41232

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Cycle Menu B No Pork No Peanut
Pre-School Portion Control Sheet
October 2017 - September 2018

(8.30.17)

10/16-10/20 11/20-11/24 12/25-12/29 1/29-2/2 3/5-3/9 4/9-4/13 5/14-5/18 6/18-6/22 7/23-7/27 8/27-8/31

Week Three		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	Milk Ages 1-5: six oz.; Ages 6-18: eight oz.	2-5 yrs. old: 1% Low-Fat Milk 12-24 mos. old: Whole Milk	2-5 yrs. old: 1% Low-Fat Milk 12-24 mos. old: Whole Milk	2-5 yrs. old: 1% Low-Fat Milk 12-24 mos. old: Whole Milk	2-5 yrs. old: 1% Low-Fat Milk 12-24 mos. old: Whole Milk	2-5 yrs. old: 1% Low-Fat Milk 12-24 mos. old: Whole Milk
	Meat/Meat Alternate	Yogurt Flavored 4 oz. cup Pre-portioned		Cheese (1 oz.)		Hard Boiled Egg (1/2)
	Vegetable/Fruit/Juice Ages 1-18: 1/2 c	Peaches (1/2 c.)	Mandarin Oranges (1/2 c.)	Seasonal Fresh Fruit (1/2 c.) (cantaloupe, honeydew, strawberries, or watermelon)	Cinnamon Apples (1/2 c.)	1 Banana (1/2 c.)
	Grains/Breads Ages 1-5: 1/2 slice/serving, 1/3 c Ages 6-18: 1 slice/serving, 3/4 c	Pre-portioned	Pre-portioned	Mini Wheats Cereal (1 c.)	Pre-portioned	Cut on site
		Scooters Cereal (1 c.)	(1.34 oz.) Whole Grain Raisin Bread 1 sl. each - Tongs Margarine	1 each	(2 oz.) Whole Grain Blueberry Muffin 1 each	(2 oz.) Whole Grain English Muffin (1/2 each) Margarine & Jelly
		41086	41088	41090	41092	41094
LUNCH	Milk Ages 1-5: six oz.; Ages 6-18: eight oz.	2-5 yrs. old: 1% Low-Fat Milk 12-24 mos. old: Whole Milk	2-5 yrs. old: 1% Low-Fat Milk 12-24 mos. old: Whole Milk	2-5 yrs. old: 1% Low-Fat Milk 12-24 mos. old: Whole Milk	2-5 yrs. old: 1% Low-Fat Milk 12-24 mos. old: Whole Milk	2-5 yrs. old: 1% Low-Fat Milk 12-24 mos. old: Whole Milk
	Meat/Meat Alternate Ages 1-5: 1 1/2 oz. Ages 6-18: 2 oz.	Sloppy Joe 1.5 M/M/A	Barbecue Pulled Chicken 1.5 oz.	Meatloaf 3 oz.	Spaghetti & Meat Sauce Level #8 Scoop	Pizza Pocket 2/M/M/A 2G/B CN
	Vegetable Ages 1-5: 1/4 c; Ages 6-18: 1/2 c (Double portion for salads)	Level #16 Scoop Italian Green Beans (1/4 c.)	Mixed Vegetables (1/4 c.)	Mashed Sweet Potatoes (1/4 c.)	Carrots (1/4 c.)	1 Each- Tongs Green Peas (1/4 c.)
	Fruit or Vegetable Ages 1-18: 1/4 c	Level #16 Scoop Pineapple (1/4 c.) Level #16 Scoop	Apple Slices (1/4 c.) Level #16 Scoop	Fruit Cocktail (1/4 c.) Level #16 Scoop	Level #16 Scoop	Level #16 Scoop
	Grains/Breads Ages 1-5: 1/2 slice/serving, 1/4 c Ages 6-18: 1 slice/serving, 1/2 c	(2 oz.) Hamburger Bun 1 each - Tongs	(1 oz.) Dinner Roll BBQ pkt. 1 each	(1 oz.) Whole Wheat Bread 1 sl. Each Ketchup 1 pkt. each	Salad (Spinach, Romaine Tomato, Cucumber) (1/2 c) Level #8 Scoop	Pears (1/4 c.) Level #16 Scoop
		41148	41150	41152	41154	41156
SNACK	Milk Ages 1-5: four oz.; Ages 6-18: eight oz.	2-5 yrs. old: 1% Low-Fat Milk 12-24 mos. old: Whole Milk			2-5 yrs. old: 1% Low-Fat Milk 12-24 mos. old: Whole Milk	
	Meat/Meat Alternate Ages 1-5: 1/2 oz. Ages 6-18: 1 oz.	Soynut Butter (1 oz.) 2 Tbsp. 1 pkt. Jelly	Cheese Slice (1/2 oz.) 1 each - Tongs			Cheese Stick (1 oz.) 1 each
	Vegetable Ages 1-5: 1/2 c Ages 6-18: 3/4 c			4 oz. 100% Grape Juice		Orange Wedges (1/2 c.) Cut on site
	Fruit/Juice Ages 1-5: 1/2 c Ages 6-18: 3/4 c					EHS: 4 oz. 100% Orange Juice
	Grains/Breads Ages 1-5: 1/2 slice/serving, 1/3 c Ages 6-18: 1 slice/serving, 3/4 c	(1 oz.) Whole Wheat Bread 1 sl. Each	Whole Grain Square Crackers (2ct) (1/2 oz.) 2pkgs. Each	(2.5 oz.) Whole Grain Pita Bread 1/2 each - Cut on Site	Original Sun Chips (1 oz.) 1 bag Each	
		41234	41236	41238	41240	41242/41246

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Cycle Menu B No Pork No Peanut
Pre-School Portion Control Sheet
October 2017 - September 2018

Week Four		10/23-10/27	11/27-12/1	1/1-1/5	2/5-2/9	3/12-3/16	4/16-4/20	5/21-5/25	6/25-6/29	7/30-8/3	9/3-9/7
		MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
BREAKFAST	Milk Ages 1-5: six oz.;	2-5 yrs. old: 1% Low-Fat Milk 12-24 mos. old: Whole Milk	2-5 yrs. old: 1% Low-Fat Milk 12-24 mos. old: Whole Milk	2-5 yrs. old: 1% Low-Fat Milk 12-24 mos. old: Whole Milk	2-5 yrs. old: 1% Low-Fat Milk 12-24 mos. old: Whole Milk	2-5 yrs. old: 1% Low-Fat Milk 12-24 mos. old: Whole Milk	2-5 yrs. old: 1% Low-Fat Milk 12-24 mos. old: Whole Milk	2-5 yrs. old: 1% Low-Fat Milk 12-24 mos. old: Whole Milk	2-5 yrs. old: 1% Low-Fat Milk 12-24 mos. old: Whole Milk	2-5 yrs. old: 1% Low-Fat Milk 12-24 mos. old: Whole Milk	2-5 yrs. old: 1% Low-Fat Milk 12-24 mos. old: Whole Milk
	Meat/Meat Alternate	Yogurt Flavored 4 oz. cup Pre-portioned	Fruit Cocktail (½ c.) Pre-portioned	Applesauce (½ c.) Pre-portioned	Provolone Cheese Slice (1 oz.)	Seasonal Fresh Fruit (½ c.) (cantaloupe, honeydew, strawberries, or watermelon)	Peach Cup (½ c.) Pre-portioned	Soynut Butter (1 oz.) 2 Tbsp.	1 Banana (½ c.) Cut on site		
	Vegetable/Fruit/Juice Ages 1-18: ½ c										
	Grains/Breads Ages 1-5: ½ slice/serving, ⅓ c	(2 oz.) Blueberry Muffin 1 each	Crispix (1 c.) 1 each		(1 oz.) Whole Wheat Bread 1 sl. Each Margarine	(2 oz.) Whole Grain English Muffin ½ each Jelly					
		41096	41098	41100	41102	41104					
LUNCH	Milk Ages 1-5: six oz.	2-5 yrs. old: 1% Low-Fat Milk 12-24 mos. old: Whole Milk	2-5 yrs. old: 1% Low-Fat Milk 12-24 mos. old: Whole Milk	2-5 yrs. old: 1% Low-Fat Milk 12-24 mos. old: Whole Milk	2-5 yrs. old: 1% Low-Fat Milk 12-24 mos. old: Whole Milk	2-5 yrs. old: 1% Low-Fat Milk 12-24 mos. old: Whole Milk	2-5 yrs. old: 1% Low-Fat Milk 12-24 mos. old: Whole Milk	2-5 yrs. old: 1% Low-Fat Milk 12-24 mos. old: Whole Milk	2-5 yrs. old: 1% Low-Fat Milk 12-24 mos. old: Whole Milk	2-5 yrs. old: 1% Low-Fat Milk 12-24 mos. old: Whole Milk	2-5 yrs. old: 1% Low-Fat Milk 12-24 mos. old: Whole Milk
	Meat/Meat Alternate Ages 1-5: 1 ½ oz.	Chicken Alfredo w/ Broccoli 2 M/MMA Level #6 Scoop	Chicken Nuggets (0.6 oz. each x3) 1.5 M/MMA CN	Beef & Bean Burrito 2 M/MMA, 1 G/B CN	1 each - Tongs Carrots (¼ c.)	Chicken Chop Suey 2 M/MMA Level #6 Scoop	Mashed Potatoes (¼ c.) (not instant) Level #16 Scoop	Salad (Spinach, Romaine Tomato, Cucumber) (½ c.) Level #8 Scoop	Chow Main Noodles (¾ c.) Level #16 Scoop	1 pkt. each Mustard, Ketchup 41166	Cheeseburger Hamburger Patty 1.75 M/MMA CN Cheese Slice (½ oz.) 1 each Lettuce, Tomato, Pickle (¼ c.) Zucchini (¼ c.) Level #16 Scoop
	Vegetable Ages 1-5: ¼ c; (Double portion for salads)	Green Peas (¼ c.) Level #16 Scoop	Butternut Squash (¼ c.) Level #16 Scoop	Fresh Tomatoes (¼ c.) Level #16 Scoop	Soft Tortilla (included above) 1 pkt. Low fat Ranch Dressing	1 each - Tongs Carrots (¼ c.) Level #16 Scoop	Broccoli Florets (¼ c.) Level #16 Scoop	Yogurt Flavored 4 oz. cup Pre-portioned	Mozzarella Cheese (½ oz.) Tomato Sauce (1 oz.)		
	Fruit or Vegetable Ages 1-18: ¼ c	Pineapple (¼ c.) Level #16 Scoop	Whole Grain Noodles (½ c.) (included above)	Whole Grain Noodles (½ c.) Level #16 Scoop	Orange Wedges ½ c. each - Cut on site EHS: 4 oz. 100% Orange Juice	1 each - Tongs Honey Mustard 1 pkt.	1 each - Tongs Carrots (¼ c.) Level #16 Scoop	1 pkt. Low fat Ranch Dressing 41164			
	Grains/Breads Ages 1-5: ½ slice/serving, ⅓ c	41158	41160	41162	41164	41166					
SNACK	Milk Ages 1-5: four oz.;	2-5 yrs. old: 1% Low-Fat Milk 12-24 mos. old: Whole Milk	2-5 yrs. old: 1% Low-Fat Milk 12-24 mos. old: Whole Milk	2-5 yrs. old: 1% Low-Fat Milk 12-24 mos. old: Whole Milk	2-5 yrs. old: 1% Low-Fat Milk 12-24 mos. old: Whole Milk	2-5 yrs. old: 1% Low-Fat Milk 12-24 mos. old: Whole Milk	2-5 yrs. old: 1% Low-Fat Milk 12-24 mos. old: Whole Milk	2-5 yrs. old: 1% Low-Fat Milk 12-24 mos. old: Whole Milk	2-5 yrs. old: 1% Low-Fat Milk 12-24 mos. old: Whole Milk	2-5 yrs. old: 1% Low-Fat Milk 12-24 mos. old: Whole Milk	2-5 yrs. old: 1% Low-Fat Milk 12-24 mos. old: Whole Milk
	Meat/Meat Alternate Ages 1-5: ½ oz.										
	Vegetable Ages 1-5: ½ c										
	Fruit/Juice Ages 1-5: ½ c										
	Grains/Breads Ages 1-5: ½ slice/serving, ⅓ c	Whole Grain Square Crackers (2ct) (½ oz.) 2pkgs. Each	Whole Grain Square Crackers (1 oz.) Whole Wheat Bread 1 sl. Each	Orange Wedges ½ c. each - Cut on site EHS: 4 oz. 100% Orange Juice	Whole Grain Square Crackers (2ct) (½ oz.) 2pkgs. Each	4 oz. 100% Grape Juice	Yogurt Flavored 4 oz. cup Pre-portioned	1 pkt. Low fat Ranch Dressing 41164	2 oz. Whole Grain English Muffin ½ each 41282		
		41252	41260	41262	41272	41274					

Menu B NP (PS) Lunch 2018

Menu B NP (PS) Breakfast 2018

Menu B NP (PS) Snack 2018

Attachment 2

**Cycle Menu B No Pork No Peanut
Pre-School Portion Control Sheet
October 2017 - September 2018**

(8.30.17)

Week Five		10/30-11/3	12/4-12/8	1/8-1/12	2/12-2/16	3/19-3/23	4/23-4/27	5/28-6/1	7/2-7/6	8/6-8/10	9/10-9/14
		MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
BREAKFAST	Milk Ages 1-5: six oz.;	2-5 yrs. old: 1% Low-Fat Milk 12-24 mos. old: Whole Milk	Cheese Slice (1 oz.)	2-5 yrs. old: 1% Low-Fat Milk 12-24 mos. old: Whole Milk	Pear Cup (½ c.) Pre-portioned	2-5 yrs. old: 1% Low-Fat Milk 12-24 mos. old: Whole Milk	Yogurt Flavored 4 oz. cup Pre-portioned	2-5 yrs. old: 1% Low-Fat Milk 12-24 mos. old: Whole Milk	2-5 yrs. old: 1% Low-Fat Milk 12-24 mos. old: Whole Milk	2-5 yrs. old: 1% Low-Fat Milk 12-24 mos. old: Whole Milk	Hard Boiled Egg (½)
	Meat/Meat Alternate										Applesauce Cup (½ c.) Pre-portioned
	Vegetable/Fruit/Juice Ages 1-18: ½ c										
	Grains/Breads Ages 1-5: ½ slice/serving, ¼ c										
LUNCH	Milk Ages 1-5: six oz.;	2-5 yrs. old: 1% Low-Fat Milk 12-24 mos. old: Whole Milk	Turkey Roast (2 oz. each) & Gravy (1 oz.)	2-5 yrs. old: 1% Low-Fat Milk 12-24 mos. old: Whole Milk	Seasoned Black Beans (½ c.) Level #8 Scoop	2-5 yrs. old: 1% Low-Fat Milk 12-24 mos. old: Whole Milk	Scrambled Egg Patty (1.5oz) & Mozzarella Cheese (½ oz.)-1 each	2-5 yrs. old: 1% Low-Fat Milk 12-24 mos. old: Whole Milk	2-5 yrs. old: 1% Low-Fat Milk 12-24 mos. old: Whole Milk	2-5 yrs. old: 1% Low-Fat Milk 12-24 mos. old: Whole Milk	Baked Fish Scandla 1 Each- Tonge
	Meat/Meat Alternate Ages 1-5: 1 ½ oz.										
	Vegetable Ages 1-5: ¼ c; (Double portion for salads)										
	Fruit or Vegetable Ages 1-18: ¼ c										
SNACK	Grains/Breads Ages 1-5: ½ slice/serving, ¼ c										
	Milk Ages 1-5: four oz.;										
	Meat/Meat Alternate Ages 1-5: ½ oz.										
	Vegetable Ages 1-5: ½ c Fruit/Juice Ages 1-5: ½ c										
SNACK	Grains/Breads Ages 1-5: ½ slice/serving, ¼ c										
	Milk Ages 1-5: four oz.;										
	Meat/Meat Alternate Ages 1-5: ½ oz.										
	Vegetable Ages 1-5: ½ c Fruit/Juice Ages 1-5: ½ c										