

Fall/Winter Menu – Week 1

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast	Rice Krispies Vanilla Yogurt Milk	Fruit Snack Bar Melon Milk	WGR Bagels Cream Cheese Peaches Milk	Cottage Cheese Pineapples Milk	WGR English Muffins Sun Butter Bananas Milk
Afternoon Snack	Sun Butter and Jelly Crackers Fruit Cocktail	Oyster Crackers Pears	Cheese Sticks Fruit Cocktail	Apple Slices Sun Butter	Muffin Milk



*Substitute for students under 4
 V = Vegetarian Option
 WGR = Whole Grain Rich Item
 HM = Homemade Item



Fall/Winter Menu – Week 2

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast	Yogurt Peaches Milk	WGR O's Cereal Bananas Milk	WGR English Muffin Fruit Cocktail Milk <small>*Fruit Cocktail (no grapes)</small>	WGR Fruit Snack Bar Pears Milk	Corn Muffins Tropical Fruit Milk
Afternoon Snack	Apple Slices Sun Butter	Cottage Cheese Pineapple	WGR Wheat Crackers Cheese	Pita Chips Hummus <small>*Pita bread</small>	Graham Crackers Applesauce



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 WGR = Whole Grain Rich Item
 HM = Homemade Item



Fall/Winter Menu – Week 3

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast	WGR English Muffin Pears Milk	Yogurt O's Cereal Milk	WGR Muffin Berries Milk	WGR Bagel Cream Cheese Pineapple Milk	WGR Biscuit Sun Butter Milk
Afternoon Snack	Cheddar Crackers Tropical Fruit	WGR Pita Chips Hummus *Pita Bread	WGR Vanilla Wafers Applesauce	Apple Slices Cheese Slices *Applesauce	Cottage Cheese Pineapples



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 HM = Homemade Item



Fall/Winter Menu – Week 4

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast	Cottage Cheese Peaches Milk	WGR Biscuit Jelly Pears Milk	WGR Bagel Applesauce Milk	Crispy Rice Cereal Bananas Milk	Blueberry Muffins Milk
Afternoon Snack	Fruit Snack Bar Pears	WGR Blueberry Lemon Bites Applesauce	WGR Oyster Crackers Cheese Stick	Graham Crackers Tropical Fruit	WGR Cheddar Crackers Mandarin Oranges



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 HM = Homemade Item



Fall/Winter Menu – Week 5

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast	WGR Fruit Snack Bar Applesauce Milk	Cottage Cheese Pears Milk	WGR Muffins Fruit Milk	Yogurt O's Cereal Milk	WGR Biscuit Sun Butter Milk
Afternoon Snack	WGR Vanilla Wafer Tropical Fruit	Apples Sun Butter <small>*Sub Applesauce for Apples</small>	Graham Crackers Mandarin Oranges	Oyster Crackers Peaches	WGR Pita Bread Hummus Milk



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 V = Vegetarian Option
 WGR = Whole Grain Rich Item
 HM = Homemade Item



Fall/Winter Menu – Week 6

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast	WGR Muffin Apricots Milk	Yogurt Peaches Milk	WGR Biscuit Sun Butter Applesauce Milk	WGR Fruit Grain Bar Melon Milk	WGR Bagel Cream Cheese Fruit Cocktail Milk
Afternoon Snack	Cheese Cubes Applesauce	WGR Cheddar Cracker Apricots	Wheat Cracker Hummus	Graham Crackers Pears	Oyster Crackers Cheese



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 V = Vegetarian Option
 WGR = Whole Grain Rich Item
 HM = Homemade Item

