



Menu

Week of May 21st - 25th

Vegetarian Alternatives Available



Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast				
Whole Grain Cereal Fresh Fruit Organic Milk	Blueberry Breakfast Loaf Fresh Fruit Organic Milk	Apple Cinnamon Muffins Fresh Fruit Organic Milk	Egg Bake Casserole Fresh Fruit Organic Milk	Whole Grain Cereal Fresh Fruit Organic Milk
Morning Snack				
Pretzel Bites Cucumber Slices Water	Fresh Veggies Veggie Dip Water	Whole Grain Vanilla Wafers Fresh Fruit Water	Wheat Crackers Fresh Fruit Water	Fresh Fruit Salsa Warm Baked Tortilla Chips Water
Lunch				
Cheeseburger Pie Steamed Peas Fresh Fruit Organic Milk	Chicken and Broccoli Casserole Steamed Carrots Fresh Fruit Organic Milk	Vegetable Pasta Bake Steamed Cauliflower Fresh Fruit Organic Milk	Lemon Herb Chicken Mashed Potatoes Steamed Green Beans Fresh Fruit Organic Milk	Beef Stir Fry with Fresh Veggies Fried Rice Fresh Fruit Organic Milk
Afternoon Snack				
Trail Mix Fresh Fruit Water	Graham Crackers Fresh Fruit Water	String Cheese Fresh Fruit Water	Blueberry Nutrigrain Fresh Fruit Water	Fresh Baked Zucchini Bread Fresh Fruit Water



Bright Horizons at Lisle is proud to collaborate with the Partnership for a Healthier America® in their fight against childhood obesity and in favor of healthy food choices in the early years.

Chef Nicole

Nicole joined our Bright Horizons team in December 2015. Nicole has her A.A in Culinary Arts from College of DuPage and several years of experience in the food industry.

