

Spring & Summer Menu

WEEK 1

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast	Toasty O's Fruit Milk	French Toast Sticks Apple Butter Fruit Milk	Granola Strawberry Yogurt Milk	Bran Muffins Fruit Milk	Turkey Sausage Eggs Fruit Milk
Lunch	Chicken Nuggets Veggies Fruit Milk	Mac & Cheese Veggies Fruit Milk	Sun Butter & Strawberry Sandwiches Veggies Fruit Milk	Spaghetti & Meatballs with Breadsticks Veggies Fruit Milk	Bean & Cheese Burritos Veggies Fruit Milk
Snack	Yogurt Cup String Cheese Water	Apple Sauce Pita Chips Water	Bread Sticks Marinara Water	Apple Slices Sun Butter Water	Cheese Cubes Wheat Crackers Water

APRIL 2019					MAY 2019					JUNE 2019					JULY 2019					AUGUST 2019					SEPTEMBER 2019					OCTOBER 2019				
M	T	W	Th	F	M	T	W	Th	F	M	T	W	Th	F	M	T	W	Th	F	M	T	W	Th	F	M	T	W	Th	F	M	T	W	Th	F
1	2	3	4	5	29	30	1	2	3	27	28	29	30	31	1	2	3	4	5	29	30	31	1	2	2	3	4	5	6	30	1	2	3	4
8	9	10	11	12	6	7	8	9	10	3	4	5	6	7	8	9	10	11	12	5	6	7	8	9	9	10	11	12	13	7	8	9	10	11
15	16	17	18	19	13	14	15	16	17	10	11	12	13	14	15	16	17	18	19	12	13	14	15	16	16	17	18	19	20	14	15	16	17	18
22	23	24	25	26	20	21	22	23	24	17	18	19	20	21	22	23	24	25	26	19	20	21	22	23	23	24	25	26	27	21	22	23	24	25
29	30	1	2	3	27	28	29	30	31	24	25	26	27	28	29	30	31	1	2	26	27	28	29	30	30	1	2	3	4	28	29	30	31	1



August 8, 2019

Spring & Summer Menu

WEEK 2

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast	Mini Bagels & Cream Cheese Fruit Milk	Blueberry Muffins Fruit Milk	Toasty O's Fruit Milk	Biscuits Strawberry Preserves Turkey Sausage Fruit Milk	Granola Vanilla Yogurt Milk
Lunch	Cheese Pizza Veggies Fruit Milk	Grilled Chicken Sandwiches Veggies Fruit Milk	Cheese Quesadillas Veggies Fruit Milk	Grilled Cheese & Tomato Soup Fruit Milk	Chicken Tacos (Lettuce, Cheese, Tomatoes) Fruit Milk
Snack	Naan Bread & Red Bell Pepper Hummus Water	Graham Crackers Pineapple Fruit Cup Water	Soft Pretzels & Marinara Water	Snap Peas Strawberry Snack Bars Water	Yogurt Cup String Cheese Water

APRIL 2019					MAY 2019					JUNE 2019					JULY 2019					AUGUST 2019					SEPTEMBER 2019					OCTOBER 2019				
M	T	W	Th	F	M	T	W	Th	F	M	T	W	Th	F	M	T	W	Th	F	M	T	W	Th	F	M	T	W	Th	F	M	T	W	Th	F
1	2	3	4	5	29	30	1	2	3	27	28	29	30	31	1	2	3	4	5	29	30	31	1	2	2	3	4	5	6	30	1	2	3	4
8	9	10	11	12	6	7	8	9	10	3	4	5	6	7	8	9	10	11	12	5	6	7	8	9	9	10	11	12	13	7	8	9	10	11
15	16	17	18	19	13	14	15	16	17	10	11	12	13	14	15	16	17	18	19	12	13	14	15	16	16	17	18	19	20	14	15	16	17	18
22	23	24	25	26	20	21	22	23	24	17	18	19	20	21	22	23	24	25	26	19	20	21	22	23	23	24	25	26	27	21	22	23	24	25
29	30	1	2	3	27	28	29	30	31	24	25	26	27	28	29	30	31	1	2	26	27	28	29	30	30	1	2	3	4	28	29	30	31	1



August 8, 2019

Spring & Summer Menu

WEEK 3

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast	Apple Muffins Fruit Milk	Waffles Cinnamon Apples Milk	Toasty O's Fruit Milk	English Muffins Apple Butter Fruit Milk	Granola Strawberry Yogurt Milk
Lunch	Chicken Rice & Veggies Fruit Milk	Cheese Tortellini & Marinara with Bread Sticks Veggies Fruit	Chicken Nuggets Veggies Fruit Milk	Turkey & Cheese Sandwiches Veggies Fruit Milk	Broccoli Cheddar Soup Bread Sticks Fruit Milk
Snack	Pretzels & Marinara Water	Raspberry Snack Bars Applesauce Water	Pineapple Fruit Cup Wheat Crackers Water	Naan Bread & Red Bell Pepper Hummus Water	Apple Slices Sun Butter Water

APRIL 2019					MAY 2019					JUNE 2019					JULY 2019					AUGUST 2019					SEPTEMBER 2019					OCTOBER 2019				
M	T	W	Th	F	M	T	W	Th	F	M	T	W	Th	F	M	T	W	Th	F	M	T	W	Th	F	M	T	W	Th	F	M	T	W	Th	F
1	2	3	4	5	29	30	1	2	3	27	28	29	30	31	1	2	3	4	5	29	30	31	1	2	2	3	4	5	30	1	2	3	4	
8	9	10	11	12	6	7	8	9	10	3	4	5	6	7	8	9	10	11	12	5	6	7	8	9	9	10	11	12	13	7	8	9	10	11
15	16	17	18	19	13	14	15	16	17	10	11	12	13	14	15	16	17	18	19	12	13	14	15	16	16	17	18	19	20	14	15	16	17	18
22	23	24	25	26	20	21	22	23	24	17	18	19	20	21	22	23	24	25	26	19	20	21	22	23	23	24	25	26	27	21	22	23	24	25
29	30	1	2	3	27	28	29	30	31	24	25	26	27	28	29	30	31	1	2	26	27	28	29	30	30	1	2	3	4	28	29	30	31	1



August 8, 2019

Spring & Summer Menu

WEEK 4

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast	French Toast Sticks Fruit Milk	Bran Muffins Fruit Milk	Granola Vanilla Yogurt Milk	Mini Bagels Cream cheese Fruit Milk	Eggs Turkey Sausage Fruit Milk
Lunch	Chicken Tacos (Lettuce, Cheese, & Tomatoes) Fruit Milk	Mac n Cheese Fruit Milk	Cheese Pizza Veggies Fruit Milk	Meatballs & Mashed Potatoes Fruit Milk	Grilled Cheese & Tomato Soup Fruit Milk
Snack	Apple Sauce Wheat Crackers Water	Yogurt Cup Graham Crackers Water	Pita Chips Salsa Water	String Cheese Blueberry Bars Water	Breadsticks & Marinara Water

APRIL 2019					MAY 2019					JUNE 2019					JULY 2019					AUGUST 2019					SEPTEMBER 2019					OCTOBER 2019				
M	T	W	Th	F	M	T	W	Th	F	M	T	W	Th	F	M	T	W	Th	F	M	T	W	Th	F	M	T	W	Th	F	M	T	W	Th	F
1	2	3	4	5	29	30	1	2	3	27	28	29	30	31	1	2	3	4	5	29	30	31	1	2	2	3	4	5	6	30	1	2	3	4
8	9	10	11	12	6	7	8	9	10	3	4	5	6	7	8	9	10	11	12	5	6	7	8	9	9	10	11	12	13	7	8	9	10	11
15	16	17	18	19	13	14	15	16	17	10	11	12	13	14	15	16	17	18	19	12	13	14	15	16	16	17	18	19	20	14	15	16	17	18
22	23	24	25	26	20	21	22	23	24	17	18	19	20	21	22	23	24	25	26	19	20	21	22	23	23	24	25	26	27	21	22	23	24	25
29	30	1	2	3	27	28	29	30	31	24	25	26	27	28	29	30	31	1	2	26	27	28	29	30	30	1	2	3	4	28	29	30	31	1

