



Jeannette Cathy Children's Center Weekly Menu



Menu Prepared By: Sandra Strother, Kitchen Manager

Approved by: Gemorial Johnson, Director

Week: 03.04.2019	Monday March 04	Tuesday March 05	Wednesday March 06	Thursday March 07	Friday March 08
A.M. Snack	Corn Flakes Fresh Bananas Allergy: Gluten-Free Corn Cereal Fresh Bananas Infants: Fresh Bananas	Whole Grain French Toast Frozen Strawberries Allergy: Gluten-Free French Toast Frozen Strawberries Infants: Frozen Strawberries	Cheese Bagel Frozen Peaches Allergy: Gluten-Free Oatmeal Frozen Peaches Infants: Frozen Peaches	Sausage Biscuit Fresh Oranges Allergy: Gluten-Free Toast w/Turkey Sausage Fresh Oranges Infants: Mandarin Oranges	Cheese Grits Fresh Pears Allergy: Gluten-Free Grits Fresh Pears Infants: Diced Pears in Juice
Lunch	Penne Pasta w/Meat Sauce Steamed Broccoli Frozen Mango Allergy: Gluten-Free Penne Pasta w/Meat Sauce Steamed Broccoli Frozen Mango Infants: Steamed Broccoli Frozen Mango	Turkey Bacon and Tomato Grilled Cheese Garden Green Salad Fresh Pears Allergy: Turkey Bacon w/Tomato on Gluten-Free Bread Garden Green salad Fresh Pears Infants: Steamed Carrots Diced Pears in Juice	Chicken Alfredo Tortellini Green Beans Pineapples Allergy: Gluten-Free Spaghetti w/Chicken and Alfredo Sauce Green Beans Pineapples Infants: Diced Pineapples	Turkey Ham & Cheese Sliders Fresh Carrots Mixed Berries Allergy: Gluten-Free Bread w/Turkey Ham Fresh Carrots Mixed Berries Infants: Mixed Berries	Cheesy Meatloaf Brussel Sprouts Whole Grain Dinner Rolls Fresh Cantaloupe Allergy: Meatloaf Gluten-Free Bread Brussel Sprouts Fresh Cantaloupe Infants: Fresh Cantaloupe
P.M. Snack	Sunbutter w/Jelly Sandwich $\frac{1}{2}$ Banana Allergy: Gluten-Free Sunbutter w/Jelly Sandwich $\frac{1}{2}$ Banana Infants: Sunbutter Sandwich	Graham Crackers Fresh Fruit Salad Allergy: Gluten-Free Snickerdoodle Cookies Fresh Fruit Salad Infants: Fresh Fruit Salad	Rice Chex Snack Mix Applesauce Allergy: Gluten-Free Rice Chex Applesauce Infants: Applesauce	Breadsticks Marinara Sauce Allergy: Gluten-Free Bread Sticks Marinara Infants: Bread Sticks Marinara	Sweet Potato Crackers Cheese Sticks Allergy: Carrot Sticks Gluten-Free Crackers Infants: Sliced Cheese

Note: Whole Milk for Infants & Toddlers. 1% Milk for Early Preschool, Preschool, Kindergarten Prep, & Camp when present.

Note: Fruits will be fresh, frozen or packed in fruit juice.

Note: Menu subject to change based on availability.