

Confidentiality Policy

You have a right to keep our sessions private. It is our policy that all information disclosed within sessions and any written records pertaining to those sessions are confidential and may not be disclosed without your written permission, except in instances where disclosure is required by law.

Limits of Confidentiality

In certain circumstances, your protected health information may be disclosed or used without your consent or authorization. These include the following scenarios:

Child Abuse

If I have reason to believe that a child is being abused, has recently been abused, or is in danger of being abused I will be required to report this information to the appropriate authorities.

Adult and/or Domestic Abuse

If I have reason to believe that an incapacitated or elderly adult is being abused, I will be required to report this information to the appropriate authorities.

Serious Threat to Health or Safety

If at any time I feel as though you are in immediate danger to yourself or others, I may make disclosures I feel are necessary to protect you or others from harm.

Records of Minors

Parents and legal guardians of minors may not be denied access to their child's records.

Insurance

If you choose to have my office file your insurance claims, treatment information, including diagnosis, treatment plans, dates of services (and potentially other information) will be released to your insurance company.

I understand and accept the limits of confidentiality as described above

Client Signature (or parent/guardian)

Date