

# BRIGHT HORIZONS AT LISLE

## What's on the Menu?



Week of 10/07/19	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>BREAKFAST</b>	<ul style="list-style-type: none"> <li>▪ Crispex</li> <li>▪ Bananas</li> <li>▪ Organic Milk</li> </ul>	<ul style="list-style-type: none"> <li>▪ Warm English Muffin</li> <li>▪ Homemade Jam</li> <li>▪ Peaches</li> <li>▪ Organic Milk</li> </ul>	<ul style="list-style-type: none"> <li>▪ French Toast</li> <li>▪ Casserole</li> <li>▪ Pears</li> <li>▪ Organic Milk</li> </ul>	<ul style="list-style-type: none"> <li>▪ Warm Oatmeal</li> <li>▪ Apples</li> <li>▪ Organic Milk</li> </ul>	<ul style="list-style-type: none"> <li>▪ Cornflakes</li> <li>▪ Bananas</li> <li>▪ Organic Milk</li> </ul>
<b>MORNING SNACK</b>	<ul style="list-style-type: none"> <li>▪ Blueberry Muffin</li> <li>▪ Bananas</li> <li>▪ Water</li> </ul>	<ul style="list-style-type: none"> <li>▪ Pretzel Bites</li> <li>▪ Cucumber Slices</li> <li>▪ Water</li> </ul>	<ul style="list-style-type: none"> <li>▪ Fresh Veggies</li> <li>▪ Veggie Dip</li> <li>▪ Water</li> </ul>	<ul style="list-style-type: none"> <li>▪ Whole Grain Vanilla Wafers</li> <li>▪ Oranges</li> <li>▪ Water</li> </ul>	<ul style="list-style-type: none"> <li>▪ Fresh Fruit Salsa</li> <li>▪ Homemade Baked Tortilla Chips</li> <li>▪ Water</li> </ul>
<b>LUNCH</b>	<ul style="list-style-type: none"> <li>▪ Ranch Cheddar Chicken</li> <li>▪ Pinto Beans</li> <li>▪ Steamed Carrots</li> <li>▪ Pears</li> <li>▪ Organic Milk</li> </ul>	<ul style="list-style-type: none"> <li>▪ Shepard's Pie</li> <li>▪ Steamed Cauliflower</li> <li>▪ Oranges</li> <li>▪ Organic Milk</li> </ul>	<ul style="list-style-type: none"> <li>▪ Cheesy, Chicken, Broccoli, and Rice Casserole</li> <li>▪ Steamed Green Beans</li> <li>▪ Oranges</li> <li>▪ Organic Milk</li> </ul>	<ul style="list-style-type: none"> <li>▪ Chicken Alfredo with Whole Grain Noodles</li> <li>▪ Steamed Peas</li> <li>▪ Pears</li> <li>▪ Organic Milk</li> </ul>	<ul style="list-style-type: none"> <li>▪ Turkey and Cheese Roll Ups</li> <li>▪ Steamed Mixed Veggies</li> <li>▪ Pears</li> <li>▪ Organic Milk</li> </ul>
<b>AFTERNOON SNACK</b>	<ul style="list-style-type: none"> <li>▪ Cheese Cubes</li> <li>▪ Apples</li> <li>▪ Water</li> </ul>	<ul style="list-style-type: none"> <li>▪ Rice Cakes</li> <li>▪ Sun Butter</li> <li>▪ Bananas</li> <li>▪ Water</li> </ul>	<ul style="list-style-type: none"> <li>▪ Graham Crackers</li> <li>▪ Apples</li> <li>▪ Water</li> </ul>	<ul style="list-style-type: none"> <li>▪ Banana Snack Cake</li> <li>▪ Cucumber Slices</li> <li>▪ Water</li> </ul>	<ul style="list-style-type: none"> <li>▪ Strawberry Nutrigrain Bar</li> <li>▪ Oranges</li> <li>▪ Water</li> </ul>
<b>TAKE HOME SNACK</b>	<ul style="list-style-type: none"> <li>▪ Graham Crackers</li> </ul>	<ul style="list-style-type: none"> <li>▪ Nutrigrain Bar</li> </ul>	<ul style="list-style-type: none"> <li>▪ Oyster Crackers</li> </ul>	<ul style="list-style-type: none"> <li>▪ Wheat Crackers</li> </ul>	<ul style="list-style-type: none"> <li>String Cheese</li> </ul>

### We Serve Healthy Meals

- Vegetarian alternatives available
- Organic whole milk served to Infants and Toddlers
- Organic 1% milk served to Twos, Preschool, and Kindergarten Prep
- All meals included in the tuition
- All meals served family style

