

BRIGHT HORIZONS AT WHEATON

What's on the Menu?



Week of: Aug 5 th	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	<ul style="list-style-type: none"> Pancakes Mango Organic Milk 	<ul style="list-style-type: none"> Corn Chex Peaches Organic Milk 	<ul style="list-style-type: none"> English Muffin Soy Nut Butter Oranges Organic Milk 	<ul style="list-style-type: none"> Oatmeal Mixed Berries Organic Milk Crushed Pineapples 	<ul style="list-style-type: none"> Blueberry Muffin Banana Organic Milk
TODDLER MORNING SNACK	<ul style="list-style-type: none"> Granola Yogurt Water 	<ul style="list-style-type: none"> Apple-Cinnamon Organic Milk 	<ul style="list-style-type: none"> Waffles Watermelon Water 	<ul style="list-style-type: none"> English Muffin Applesauce Water 	<ul style="list-style-type: none"> Scrambled Eggs Whole Wheat Toast Water
LUNCH	<ul style="list-style-type: none"> BBQ Chicken Sandwich Greens Beans Apples Organic Milk V: Veggie Patty 	<ul style="list-style-type: none"> Turkey Meatball Sandwich Mixed Vegetables Pears Organic Milk V: Soy Crumble Diced Pears 	<ul style="list-style-type: none"> Salisbury Steak Rice Pilaf Carrots Banana Organic Milk V: Rice with Cheese Sauce 	<ul style="list-style-type: none"> Cheese Ravioli Broccoli Apple Slices Organic Milk Diced Apples 	<ul style="list-style-type: none"> Chicken Nuggets Black Beans Mandarin Oranges Organic Milk
AFTERNOON SNACK	<ul style="list-style-type: none"> Hard Boiled Egg Peaches Water 	<ul style="list-style-type: none"> Pita Bread Soy Nut Butter 	<ul style="list-style-type: none"> Graham Crackers Cream Cheese Water 	<ul style="list-style-type: none"> Vanilla Wafers Bananas Water 	<ul style="list-style-type: none"> Cottage Cheese Pineapples Organic Milk

* Infant/Toddler Alternative

* Vegetarian Alternative

We Serve Healthy Meals

- Vegetarian meal options available
- Fresh fruits and vegetables served daily
- Proteins include chicken, turkey, beef, pork, cheese, and beans
- Whole milk served to Infants and Toddlers
- 1% milk served to Young Preschool, Preschool and Kindergarten Prep
- All meals are served family style

