

Bright Horizons at Columbus Circle News

From the Director

Hello Columbus Circle Families-

It is hard to believe that the end of Summer is here and we are back in full school-year mode! We are looking forward to another enriching, educational, and fun year at Columbus Circle. For our families who graduated from our K-Prep program and will be attending Kindergarten for the first time – we wish you the best of luck and know you will do great things. Remember that we are here to support on the days your school is closed – chances are, we will be open and can help with you back-up/drop-in care needs!

As announced last week, Ms. Karyn has accepted the position of Center Director of Bright Horizons at Columbus Circle! We are excited to have her join the team. Upon completed her onboarding and orientation, she will be joining us at the center Mid-October. Once we get nearer to that time, we will schedule a “Meet-and-Greet” so everyone has the opportunity to meet her in person.

I have truly enjoyed my time here at the center and look forward to spending the next couple months with you. Anything I can help with during this time, please let me know!

Please invite all grandparents to join us on Friday for bagels and coffee at 9:00 am!

TJ McNamara
Center Director

Important Dates

September 7th – Grandparents Day Celebration

September 9th – Grandparents Day

September 22nd – First Day of Fall

September 25th – Curriculum Night for Infants and Toddlers

September 27th – Curriculum Night for Young Preschool, Preschool, and K-Prep

October 8th – **CLOSED** for Professional Development Day

Happy Birthday!

Tayron K. – September 7th

Ms. Melissa M. – September 7th

Ethan F. – September 8th

Olivia L. – September 8th

Thomas S. – September 10th

Jacqueline T. – September 15th

Ferris S. – September 20th

Ms. Angela – September 20th

Elias G. – September 21st

Ms. Dilci – September 23rd

Mr. Hugo – September 24th

Ms. Khalilia – September 29th

Ms. Stephanie R. – September 29th

Bright Horizons at Columbus Circle

910 9th Ave. New York, NY 10019

(212)399-3919 | columbuscircle@brighthouse.com

Monday - Friday 7:00 am – 6:30 pm



CLASSROOM HIGHLIGHTS

Art Smart

Through simple, yet engaging opportunities, infants begin to explore their creative sides and to appreciate the beauty and wonder of the art world while strengthening their sense of self. In our Infant component, we learn to move in response to music and rhythm and experiment with sounds. We learn this by using rattles, musical instruments, and other objects to make sounds.



Well Aware

Our Well Aware curriculum provides an environment that enables children to gain an understanding of how their bodies work, what they need, and how to protect them. Our Toddlers have been learning to understand and identify “healthy” foods and where they come from. They learn this by discussing our daily foods, understanding the importance of fruits and vegetables, and where these foods come from.



Science Rocks and Math Counts

Cooking projects is one way our Young Preschoolers are introduced to early Science and Math concepts. Through these projects we can use cooking as chemistry, by demonstrating properties of a matter can change by adding different ingredients. Cooking with children not only can teach them about nutrition and healthy eating habits, but it also exposes them to math concepts such as counting, measuring, and fractions.



Toward a Better World

This part of our curriculum allows children to explore the diversity of our environment and seek out meaningful opportunities to learn about and engage in their communities. We learn this by understanding features of our neighborhoods and communities. Our Preschoolers experienced this by visiting the Museum of Natural History!



READY FOR SCHOOL NEWS

Cooking - A Family Affair

Gathering in kitchens nourishes our bodies, minds, and souls. Preparing meals together as a family enhances relationships, invites contribution, and helps children understand basic cooking principles. Also, children develop patience as they discover that delicious food doesn't just magically appear. Although cooking as a family affair is probably not as easy as adults whipping up a quick dinner, with a bit of forethought, more cooks stirring a pot can be fun and has tremendous benefits for everyone involved.

Cooking with children helps them learn about nutrition and hone basic reading, math, and science concepts. Reading recipes and learning kitchen vocabulary expands literacy skills, while counting, measuring, and fractions, foster mathematical thinking. Young chefs learn about chemistry and the physical properties of matter as they mix ingredients and watch them combine, separate, expand, change color, develop scents, and change form.

Research shows that children who help in the kitchen develop healthy eating habits because they tend to eat what they prepare. Below are a few suggestions for toddlers and preschoolers.

Toddlers

Choose simple cooking tasks that match your toddler's skills and attention span.

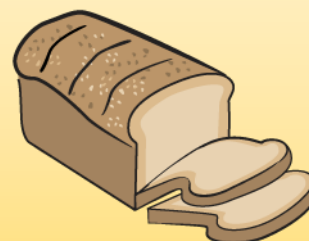
- Wash fruit and vegetables.
- Measure, pour, mix, and stir ingredients.
- Put ingredients in a crockpot or blender.
- Mash potatoes.



Preschoolers

Discuss nutrition and why our bodies and minds need the right kind of fuel to work correctly.

- Help plan meals.
- Chop, grate, peel, and cut ingredients.
- Shuck corn.
- Crack eggs.
- Count and categorize ingredients (wet and dry items).



BRIGHT HORIZONS NEWS

Learn about the year ahead at Curriculum Night



Ask about our upcoming Curriculum Night event!

<Event date – Start/End times>

During Curriculum Night, you will learn what we have planned for the year ahead for our center's curriculum as well as community center events. Spend time in your child's classroom, ask about the curriculum for their age group, and ask their teacher about future project plans. This event can also be a great time to connect with fellow Bright Horizons families!

Learn about our Bright Horizons educator promises. As Bright Horizons Educators, we promise to...

Nurture and care for the whole child

Craft curriculum based on expert research

Support and develop teachers

Implement an emergent and integrated approach to learning

Cultivate curiosity through projects, exploration, and play

Encourage children to be confident experimenters and problem solvers

Build an inclusive and respectful community

Create joyful places for childhood



Check out all the places you can connect with us!