**Pringle-Morse CISD**

**School Health Advisory Council**

April 24, 2024 @ 3:45 p.m. the meeting was called to order by Sharon Lieb,
School Nurse. Members present: Luli Hernandez, Mattie Urban, Marcus Wilson, Modesta Gonzales, Haden Hart, Jordan Hicks. Attendance sheet was signed by attendees.

A waiver is obtained to have SHAC meetings 1-2 times/year in the District of Innovation plan.

 Reports:

Mr. Hicks addressed Family/Community involvement. Title 1 meetings are 4 times for parents, 2 in the fall and 2 in the spring. Pastries for Parent is another parent involvement. Student Council sponsored a necessity drive for the fire victims this spring. The parent/teacher conferences are at least twice a year for elementary school.

Health and Nutrition services were addressed by Sharon Lieb. Health provision at the school is based on the Texas School Nurse Guidelines. A flu shot clinic was held in the fall. The Nutrition services provided are based on the USDA guidelines and Square Meals.

Haden Hart addressed PE. 30 minutes/day of PE in the elementary school where they are learning fun ways to be active. Grades 5-9 have 45 minutes/day and Athletic class is offered for high school. They are doing Fitnessgram in grades 3 through 12 currently.

Healthy School Environment/Policy was addressed by Modesta Gonzalez. The new recommendations regarding Synthetic Opioids/Narcan curriculum were presented. Red Ribbon week was discussed.

The School Board presented a letter indicating their recommendation to obtain a waiver associated with the Texas summer meals program.

The Wellness Policy was approved.

The council recommend Bienstar as the Coordinated School Health.

The meeting was adjourned.

