

# Bright Horizons at Wheaton News

## Curriculum Night

**Come see what Bright Horizons at Wheaton has in store for your child this year.**

- **Learn about *World at Their Fingertips*®** and how it works with each age group to build on individual strengths and talents.
- **Meet and talk with our engaging educators** and see just how passionate they are about teaching.
- **Explore activities** your children will get to participate in on-site.
- **See our emergent curriculum** and how it uses your child's own interests to inspire learning.

**September 6<sup>th</sup>, 2018**  
**6:30pm-7:30pm**



## Important Dates

**Sept. 3<sup>rd</sup>:** **Center Closed** – Labor Day

**Sept. 6<sup>th</sup>:** Curriculum Night  
6:30pm-7:30pm

**Oct. 8<sup>th</sup>:** **Center Closed** for  
Professional Development Day

**Oct. 26<sup>th</sup>:** Trunk or Treat

## September Menus

September 4<sup>th</sup> – 7<sup>th</sup>

[Click Here](#)

September 10<sup>th</sup> – 14<sup>th</sup>

[Click Here](#)

September 17<sup>th</sup> – 21<sup>st</sup>

[Click Here](#)

September 24<sup>th</sup> – 28<sup>th</sup>

[Click Here](#)



## Bright Horizons at Wheaton

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# CLASSROOM HIGHLIGHTS

## Nursery

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### Science Rocks: *Active Exploration*

We learn to use our senses to explore the world around us. We learn it by exploring the cold, ice water. We also learn about cause and effect. When we move our hands fast in the water, we create a splash.



## Toddlers

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### Art Smart: *Music*

We learn to experiment with instruments and sound. We learn it by exploring the sounds of the keyboard.



## Twos

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### Science Rocks: *Active Exploration*

We learn to understand the basic concepts of balance and weight. We learn it by building towers using plastic cups. We discovered we had to rotate the cups to stack them one on top of the other.



## Preschool

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### Language Works: *Pre-Reading*

We learn to appreciate and enjoy high-quality children's books. We learn it by "reading" stories in the outdoor reading area.



## Kindergarten Prep

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### Art Smart: *Visual Art*

We learn to purposefully choose art tools and materials to achieve desired outcomes. We learn it by having access to a variety of art tools and materials such as paper and watercolor paints.



# READY FOR SCHOOL NEWS

## Cooking - A Family Affair

Gathering in kitchens nourishes our bodies, minds, and souls. Preparing meals together as a family enhances relationships, invites contribution, and helps children understand basic cooking principles. Also, children develop patience as they discover that delicious food doesn't just magically appear. Although cooking as a family affair is probably not as easy as adults whipping up a quick dinner, with a bit of forethought, more cooks stirring a pot can be fun and has tremendous benefits for everyone involved.

Cooking with children helps them learn about nutrition and hone basic reading, math, and science concepts. Reading recipes and learning kitchen vocabulary expands literacy skills, while counting, measuring, and fractions, foster mathematical thinking. Young chefs learn about chemistry and the physical properties of matter as they mix ingredients and watch them combine, separate, expand, change color, develop scents, and change form.

Research shows that children who help in the kitchen develop healthy eating habits because they tend to eat what they prepare. Below are a few suggestions for toddlers and preschoolers.

### Toddlers

Choose simple cooking tasks that match your toddler's skills and attention span.

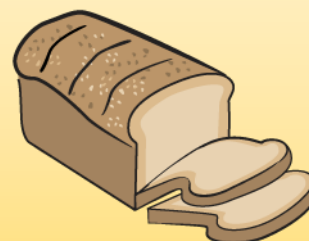
- Wash fruit and vegetables.
- Measure, pour, mix, and stir ingredients.
- Put ingredients in a crockpot or blender.
- Mash potatoes.



### Preschoolers

Discuss nutrition and why our bodies and minds need the right kind of fuel to work correctly.

- Help plan meals.
- Chop, grate, peel, and cut ingredients.
- Shuck corn.
- Crack eggs.
- Count and categorize ingredients (wet and dry items).



# BRIGHT HORIZONS NEWS

## Learn about the year ahead at Curriculum Night

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Ask about our upcoming Curriculum Night event!

### <Event date – Start/End times>

During Curriculum Night, you will learn what we have planned for the year ahead for our center's curriculum as well as community center events. Spend time in your child's classroom, ask about the curriculum for their age group, and ask their teacher about future project plans. This event can also be a great time to connect with fellow Bright Horizons families!

Learn about our Bright Horizons educator promises. As Bright Horizons Educators, we promise to...

*Nurture* and care for the whole child

*Craft* curriculum based on expert research

*Support* and develop teachers

*Implement* an emergent and integrated approach to learning

*Cultivate* curiosity through projects, exploration, and play

*Encourage* children to be confident experimenters and problem solvers

*Build* an inclusive and respectful community

*Create* joyful places for childhood



Check out all the places you can connect with us!