



## Supports for Your Family & Career

### Your Many Benefits Include:

**Back-Up Child, Adult, and Elder Care:** Don't stress about school breaks, bad weather, or caregiver cancellations. Reserve high-quality child care in a center, or in-home care for your child, adult, or elder relatives.

**Education and College Advising:** Take the worry out of your child's education. Your free benefit gives you access to a team of experts who offer personalized guidance, including live events and online resources.

**Support for Your Child:** If your child faces challenges at home or at school, you can be their biggest advocate. Get access to expert-led webinars and resources to help your child be their best self.

**Care for the Whole Family:** Easily find sitters, elder care, and pet care (your membership fee to the database is waived!); jump ahead on the waitlist or enjoy discounts at participating child care centers.

### Get Started Today

Visit [clients.brighthorizons.com/chick-fil-a](https://clients.brighthorizons.com/chick-fil-a)

Back-Up Username: **Encompass** Password: **Choices**

Education & College Advising Passcode: **Choices**

Download the app: Search "back-up care" in the [App Store](#) or [Google Play](#)

Questions? Call: 877 242-2737





2019

Live Event  
Schedule



## Help Ensure Your Child is on the Right Track for a Bright Future

Find Support Through *Bright Horizons Special Needs*™

Imagine your child being able to bring his or her whole self to school and knowing he or she is receiving support, overcoming challenges, and reaching critical milestones. Your free *Bright Horizons Special Needs*™ benefit can help you make that vision a reality. Get the tools you need for navigating all phases of the special education journey, from diagnosis through IEPs, 504 plans, and transition to adulthood, including:

- **An interactive website** that will help you better understand, advocate for, and support your child
- **Expert webinars** covering a range of social, learning, attention, and developmental challenges
- **Personalized guidance** from an advisor who is matched with your family to address your child's unique needs

### Access Support Now

Visit <https://chick-fil-a-brighthorizons.torchlight.care>  
Employer Code: Choices



**Education Survival Kit: What Parents Need to Know**  
Multiple Dates

**Managing Screen Time**  
Wednesday, January 23

**Substance Abuse Intervention**  
Wednesday, February 13

**Recognizing Screen and Gaming Addiction in Children**  
Tuesday, February 26

**Early Intervention for Infants and Toddlers**  
Wednesday, March 13

**Preschool and Kindergarten Readiness**  
Wednesday, March 20

**Autism Spectrum Disorder: Latest Research and Treatment**  
Tuesday, April 23

**Advocacy Strategies and Your Child's IEP**  
Tuesday, May 14

**Supporting Your Child's LGBTQ Identity**  
Wednesday, June 5

**Raising a Resilient Child**  
Tuesday, July 23

**College for Kids with Intellectual Disabilities**  
Tuesday, July 30

**The Age of Anxiety: Managing Stress in Elementary School**  
Wednesday, September 4

**Housing and Employment for Young Adults with Disabilities**  
Tuesday, October 15

**Bullying and Cyberbullying**  
Thursday, October 24

**When School is Hard**  
Wednesday, November 6

**Self-Care for Parents**  
Wednesday, December 4

**Your Child's Mental Health**  
Tuesday, December 10





## Make Sure Your Child's on Track for Success

Get expert education assistance from **Bright Horizons®**.

Take the worry out of your child's educational future with *Bright Horizons Education & College Advising™*. Your free benefit gives you access to a team of experts who can help maximize your child's academic success. Register today and complete your full profile to get the most relevant and timely content for your family to support academic success, including:

- Impartial guidance from our team of experts through every stage of the journey
- Live events on important educational topics
- Online resources and tools targeted to your student's academic level

### Access Your Benefit Today

Visit <https://passport.getintocollege.com>

First-time passcode: Choices

Questions? Call (888) 527-3550 or email [chickfila@getintocollege.com](mailto:chickfila@getintocollege.com)

