

## R. Kirk Landon Learning Center June 2018 Menu



| Tuesday<br>5/29/18 | Wednesday<br>5/30/18    | Thursday<br>5/31/18   | Friday<br>6/1/18  |
|--------------------|-------------------------|-----------------------|-------------------|
| Waffles            |                         |                       | Chex Cereal       |
| Pears              | Mix Berries             | Turkey Sausage        | Grapefruit        |
| Milk               | Milk                    | Blueberries & Mangos  | Milk              |
|                    |                         | Milk                  |                   |
| Vegetable Lasagna  | Chicken Spinach Alfredo | Turkey & Cheese Wraps | Baked Chicken     |
| Sliced Apples      | Pasta                   | Sweet Potato Sticks   | Collard Greens    |
| Breadsticks        | Sweet Peas              | Fruit Salad           | Peas & Carrots    |
| Milk               | Watermelon Milk         |                       | Oranges           |
|                    | Breadsticks             |                       | Cornbread Muffins |
|                    | Milk                    |                       | Milk              |
| Yogurt             | Sun Butter              | Applesauce            | Mango Smoothie    |
| Blue Berries       | Wheat Crackers          | Graham Crackers       | Wheat Crackers    |
| Water              | Water                   | Water Water           |                   |

| Monday<br>6/4/18 | Tuesday<br>6/5/18   | Wednesday<br>6/6/18    | Thursday<br>6/7/18     | Friday<br>6/8/18   |
|------------------|---------------------|------------------------|------------------------|--------------------|
| Turkey Sausage   | Chex Cereal         | Oatmeal                | Bagels w/ Cream Cheese | Yogurt             |
| Wheat Toast      | Pears               | Strawberry & Mangos    | Chicken Nuggets        | English Muffins    |
| Bananas          | Milk                | Milk                   | Blueberries            | Pineapples         |
| Milk             |                     |                        | Milk                   | Milk               |
| Cheese Pizza     | Spaghetti w/ Turkey | Baked Tilapia          | Sloppy Joes            | BBQ Chicken Breast |
| Potato Wedges    | Meatballs           | Steamed Broccoli       | Sweet Peas             | Tossed Salad       |
| Corn             | Vegetable Blend     | Fruit Salad            | Watermelon Chunks      | Sweet Peas         |
| Melon Berry Mix  | Apples              | Wheat Rolls            | Hamburger Buns         | Oranges            |
| Milk             | Breadsticks         | Milk                   | Milk                   | Wheat Rolls        |
|                  |                     |                        |                        | Milk               |
| Cheerios         | Apple Muffins       | Celery & Carrot Sticks | Cheese Sticks          | Sun butter & Apple |
| Mixed Fruit      | Milk                | Ranch Dip              | Ritz                   | Butter             |
| Milk             |                     | Water                  | Water                  | Sandwiches         |
|                  |                     |                        |                        | Milk               |

| Monday<br>6/11/18       | Tuesday<br>6/12/18     | Wednesday<br>6/13/18  | Thursday<br>6/14/18 | Friday<br>6/15/18  |
|-------------------------|------------------------|-----------------------|---------------------|--------------------|
| French Toast            | Waffles                | Chicken Bacon         | Cheese Eggs         | Cheerios           |
| Turkey Sausage          | Pears                  | Croissants            | Turkey Sausage      | Pineapples         |
| Bananas                 | Milk                   | Strawberry & Mangos   | Blueberries         | Milk               |
| Milk                    |                        | Milk                  | Milk                |                    |
| Chicken & Rice          | Turkey Spinach Lasagna | Lemon Herb Chicken    | Blacken Salmon      | Vegetable Lasagna  |
| Casserole               | Green Beans            | Lima Beans            | Rice Pilaf          | Corn               |
| Broccoli                | Apples                 | Fruit Salad           | Asparagus           | Oranges            |
| Melon Berry Mix         | Breadsticks            | Corn Muffins          | Watermelon          | Breadsticks        |
| Breadsticks             | Milk                   | Milk                  | Milk                | Milk               |
| Milk                    |                        |                       |                     |                    |
| Tomato & Cucumber Salad | Mix Berry Smoothies    | Homemade Sweet        | Cheese Toast        | Homemade Trail Mix |
| Ritz Crackers           | Wheat Crackers         | Potato Bread w/ Glaze | Milk                | Milk               |
| Milk                    | Water                  | Milk                  |                     |                    |



## R. Kirk Landon Learning Center June 2018 Menu



| Monday<br>6/18/18   | Tuesday<br>6/19/18       | Wednesday<br>6/20/18 | Thursday<br>6/21/18 | Friday<br>6/22/18      |
|---------------------|--------------------------|----------------------|---------------------|------------------------|
| Turkey Ham & Cheese | Pancakes                 | Chicken Bacon        | Oatmeal             | English Muffin         |
| Quiche              | Pears                    | Cheese Grits         | Blueberries         | Turkey Sausage         |
| Bananas             | Milk                     | Strawberry & Mangos  | Milk                | Hash Browns            |
| Milk                |                          | Milk                 |                     | Pineapples             |
|                     |                          |                      |                     | Milk                   |
| Turkey Meatballs    | Spinach Pesto Alfredo w/ | Fiesta Chicken       | Baked Tilapia       | BBQ Chicken            |
| Spaghetti           | Penne Pasta              | w/ Corn Salsa        | Brussel Sprouts     | Scallop Potatoes       |
| Green Beans         | Peas & Carrots           | Black Beans          | Watermelon          | Broccoli & Cauliflower |
| Melon Berry Mix     | Apples                   | Fruit Salad          | Wheat Rolls         | Oranges                |
| Garlic Bread        | Garlic Breadsticks       | Flour Tortillas      | Milk                | Milk                   |
| Milk                | Milk                     | Milk                 |                     |                        |
| Carrots & Celery    | Spinach & Cheese Dip     | Soft Pretzels        | Strawberry & Banana | Cheerios               |
| Ranch Dip           | Tortilla Chips           | Milk                 | Smoothies           | Mixed Fruit            |
| Milk                | Water                    |                      | Wheat Crackers      | Milk                   |

| Monday<br>6/25/18  | Tuesday<br>6/26/18 | Wednesday<br>6/27/18  | Thursday<br>6/28/18  | Friday<br>6/29/18 |
|--------------------|--------------------|-----------------------|----------------------|-------------------|
| Turkey Sausage     | Blueberry Waffles  | Chex Cereal           | Cheese Pizza         | Turkey Ham        |
| Biscuits           | Pears              | Strawberry & Mangos   | Blueberries          | Cheese Grits      |
| Bananas            | Milk               | Milk                  | Milk                 | Toast             |
| Milk               |                    |                       |                      | Pineapples        |
|                    |                    |                       |                      | Milk              |
| Baked Chicken      | Herb Salmon        | Turkey Burger         | Vegetable Tortellini | Chicken Salad     |
| Tenders            | Roasted Fingerling | Hamburger Buns        | Steamed Carrots      | Ritz Crackers     |
| Sweet Potatoes     | Potatoes           | Sweet Potato Fries    | Watermelon           | Broccoli          |
| Vegetable Blend    | Green Beans        | Sweet Peas            | Breadsticks          | Oranges           |
| Melon Berry Mix    | Apples             | Fruit Salad           | Milk                 | Milk              |
| Milk               | Milk               | Milk                  |                      |                   |
| Homemade Blueberry | Cheese Cubes       | Turkey & Cheese Wraps | Sun Butter           | Hummus            |
| Muffins            | Wheat Crackers     | Water                 | Apple Slices         | Wheat Crackers    |
| Milk               | Water              |                       | Water                | Water             |



## **Introducing Healthier Snacks Inspired By Our Parents**

## **Vegetarian Substitution:**

Tofu, veggie sausage, soy chicken nuggets, or beans will be substituted for any menu item that is not allowed for vegetarians. Please let your child's teacher and a member of management know if this is the option for your child.

