

March 2020

Bright Horizons at Spotswood
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Monday	Tuesday	Wednesday	Thursday	Friday
2 Turkey and Cheese Wraps Broccoli Applesauce	3 BBQ Chicken Sandwiches Corn Pineapple	4 Salisbury Steak (M) Potato Wedges Fresh Cantaloupe	5 Cheese Pierogis Green Beans Peaches	6 Macaroni and Cheese (M,E) Carrots Pears
9 Egg Patty (E) Turkey Sausage Peas Mandarin Oranges	10 Chicken Fajitas on Whole Wheat Tortilla Black Beans Pineapple	11 Penne with Red Sauce Cauliflower Pears	12 Grilled Cheese Tomato Soup (M) Peaches	13 Chicken Nuggets Corn Applesauce
16 Tri-Color Tortellini (E, M) in Red Sauce Green Beans Pears	17 Hamburger on Whole Grain Bun Mixed Vegetables Fresh Watermelon	18 Teriyaki Chicken Brown Rice Peas Mandarin Oranges	19 Cheese Lasagna (E, M) Broccoli Apple Slices	20 Meatloaf (M) Mashed Potatoes Pineapple
23 Baked Ziti (M) Green Beans Mandarin Oranges	24 Swedish Meatball (M,E) Broccoli Fresh Honeydew	25 Chicken Nuggets Sweet Potato Fries Tropical Fruit	26 Macaroni and Cheese (M,E) Carrots Pears	27 Whole Grain Pizza (M) Corn Peaches
30 Assorted Lunch	31 Cheese Ravioli (M,E) in Red Sauce Carrots Mixed Fruit		*Menu subject to change due to availability of food order*	Item Contains E= Egg M= Milk