

# AUGUST 2021

## Camp Amgen Snack Menu

**\*All snacks are nut safe and sesame free\*** \*Please note, Toddlers thru TK are included on this menu. \*Milk: Toddlers- whole; Ages 2 to 5- 1%. \*This menu satisfies the USDA Child Care Food Program Guidelines. \*Menu subject to change based on food availability.



Monday	Tuesday	Wednesday	Thursday	Friday
2 am- Rice Chex Cereal  pm- Watermelon w/ WW Crackers	3 am- Blueberry yogurt w/ Granola Toddlers Graham Crackers pm- House Made Tahini Free Hummus w/ WW Pita	4 am- Oatmeal w/ Blueberries  pm- Honeydew w/ Whole Grain Cheddar Crackers	5 am- Bananas w/ Graham Crackers pm- Whole Grain Macaroni & Cheese w/ Peas	6 am- Strawberries w/ Cottage Cheese pm- Mild cheddar Cheese Cubes w/ Edamame Toddlers: Oranges
9 am- Rice Krispies Cereal  pm- Colby Jack Cheese Sticks w/ Whole Grain Cheddar Crackers	10 am- Strawberry Yogurt w/ Raspberries pm- House-made Guacamole w/ WW Crackers Toddlers: WW Pita Bread	11 am- Bananas w/ Graham Crackers pm- Strawberries w/ String Cheese	12 am- Blueberries w/ Cottage Cheese pm- Pineapple w/ Granola	13 am- WW Bagels w/ Cream Cheese pm- WW Sunflower Butter Sandwiches
16 am- Special K Cereal  pm- Sliced Apples w/ String Cheese	17 am- Bananas w/ Graham Crackers pm- Oranges w/ WW Crackers Toddlers: Ritz Crackers	18 am- Peach Yogurt w/ Blueberries pm- Watermelon w/ Whole Grain Cheddar Crackers	19 am- Oatmeal w/ Raspberries  pm- Blueberry Muffins w/ Strawberries	20 am- Whole Grain Waffles w/ Strawberries pm- Steamed Carrots w/ Greek Yogurt Ranch Dip & WW Pita Bread
23 am- Crispix Cereal  pm- WW Bread w/ Apple Butter & Edamame Toddlers: Oranges	24 am- Bananas w/ Granola Toddlers: Ritz Crackers pm- Mild Cheddar Cheese Cubes w/ Whole Grain Crackers	25 am- Vanilla Yogurt w/ Graham Crackers pm- Rice Cakes w/ Sunflower Butter & Raspberries	26 am- Blueberries w/ Cottage Cheese pm- WW Cheese Pizza Muffins	27 am- Cream of Wheat w/ Raspberries pm- Cantaloupe w/ Whole Grain Cheddar Crackers
30 am- Corn Chex Cereal  pm- String Cheese w/ WW Crackers	31 am- Vanilla Yogurt w/ Graham Crackers pm- Bran Muffins w/ Blueberries			Toddlers: WW Pita Bread