



Cup Rules



Aim of the IML & IVV cooperation.

The aim of the IML und IVV is the active and worldwide walking activity of people. Therefore, IML and IVV cooperate to promote the walking sport.

1. Rules and conditions of the common IVV & IML events.

Events.

Every year there are maximum **6** common “IML & IVV – Cup” events. IML and IVV determine their organizers of the cup according to their own rules. IVV will privilege Olympiads, Europiads and Asiapiads.

First year 2016		Second year 2017	
Europiad *	event defined by IVV	Olympiad *	event defined by IVV
Asiapiad *	event defined by IVV	IVV event *	event defined by IVV
IVV event *	event defined by IVV	IVV event *	event defined by IVV
IML event **	event defined by IML	IML event **	event defined by IML
IML event **	event defined by IML	IML event **	event defined by IML
IML event **	event defined by IML	IML event **	event defined by IML
6 cups per year		6 cups per year	

* the organizer must mandatorily be a member of IVV, however need not be a member of IML

** the organizer must mandatorily be a member of IML, however need not be a member of IVV

2. The common IML & IVV events must fulfil the following requirements:

- The event must last minimum 2 days.
- Every day a distance of 20 km must be offered; longer distances, e.g. marathon, can be offered. Different daily routes are desired.
- Walkers taking part in an IML & IVV event or in an IVV Europiad or in an IVV Asiapiad or in an IVV Olympiad can obtain an common IML & IVV IML stamp and / or award when completing at every day of minimum 20 km per day (10 km for aged over 70).
- Apart from the common IML & IVV stamp, if the event is an full member of IML, the usual IML stamp must also be given to the walkers in their IML passports and if the

event is a full member of IVV, the usual IVV stamp must also be given to the walkers in their special IVV booklets.

3. IML & IVV – CUP Rules:

- The special record book for the cup can be bought at all organizers of an IML & IVV-Cup and at the head offices of both associations. If mailed, there is an additional shipping charge of 2 €.
- After the successful participation the common IML & IVV stamp is available for those participants with evidence of completing the last day of the event with up to date special record book complete with photograph. Only personally offered record books can be accepted and the photograph must be checked to ensure it matches the person offering the passport. If there is no photograph in the passport, the walker should be asked to put one in.
- When the walkers don't have a record book, then they can buy one at the local authorities of the event.
- **After completing the last day** of the common IML & IVV event, walkers may purchase the common IML & IVV awards at the local authorities of the event.

	IML & IVV events	Europiad	Asiapiad	IVV Olympiad
IML & IVV stamp	X	X	X	X
IML & IVV clip	X	X	X	X
IML & IVV medal	X ¹	X ¹	X ¹	X ¹
IML & IVV certificate	X	X	X	X
IML & IVV badge	X	X	X	X

X¹ if the walker is entitled for a medal (4,12 & 20 participations)

- The stamps of all the IVV & IML joint events counts for the common IML & IVV awards and the IML figures but not for any other special entitlements in the IML Walking Association Awards program.
- All the following stamps already given in the past before **January 1st 2016**, by the cooperation of IVV and IML, are included in these new regulations. All these participations at an IVV Europiad, or an IVV Asiapiad or an IVV Olympiad will count for the common IML & IVV awards.
- **Here are these common IVV & IML (8) events which will count for the new IML & IVV awarding system.**

IVV Olympiad		
1	2009	Yamanashi / Japan
2	2011	Antalya / Turkey
3	2013	Val Gardena / Italy
4	2015	Chengdu / China

IVV Europiad		
1	2012	Echternach - Irrel / LUX & FRG
2	2014	Marostica Breganze / Italy













IVV Asiapiad		
1	2012	Suncheon / S. Korea
2	2014	HigashiMatsuyama / Japan

- Only the stamps of these events already given in the past are eligible for the new IML & IVV common awarding system and even just for those walkers who can demonstrate a stamp of 1 or more of these 8 events in their personal IML Passport.
- All the walkers who have participated at one or more of these events have to by an IML & IVV record book and to present their IML Passport containing the stamps of these past common IML & IVV events to the IML & IVV staff. The staff will check these stamps in the IML Passports and will transfer these stamps into the new IML & IVV record book. The walkers who are entitled for one or more IML & IVV awards can then acquire these awards without advance request. The walkers who are entitled for an IML & IVV award can obtain as of January 1, 2016 their awards at the first event of the IML & Cooperation at which they will participate.
- The staff on the IML & IVV stands are authorized to refuse any stamps and awards to walkers who, in their opinion, cannot prove completion of the event according to the IML & IVV cup rules.

4. IML & IVV cooperation awards collection

After the successful participation at an IML & IVV cup, the walker receives the common IML & IVV stamp at the last day of the event.

a. STAMPS

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b. CLIPS

After the successful participation at an IML & IVV event, or an IVV Europiad or an IVV Asiapiad or an IVV Olympiad, the walker is entitled to the respective clip.

IML & IVV clip	IVV Europiad clip	IVV Asiapiad clip	IVV Olympiad clip
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c. CERTIFICATES



After the successful participation at an IML & IVV event or an IVV Olympiad, or an IVV Europiad or an IVV Asiapiad, the walker is entitled to the respective certificate.

IML & IVV event	IVV Europiad	IVV Asiapiad	IVV Olympiad
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d. MEDALS

1	bronze medal	4 participations
		<p>After the successful participation at an IML & IVV cup, the walker receives the common IML & IVV stamp at the last day of the event and is entitled to the respective certificate.</p> <p>After the successful participation at 4 IML & IVV cups, the walker is entitled to the bronze medal</p>
2	silver medal	further 8 participations (total 12)

		<p>After the successful participation at an IML & IVV cup, the walker receives the common IML & IVV stamp at the last day of the event and is entitled to the respective certificate.</p> <p>After the successful participation at 12 IML & IVV cups, the walker is entitled to the silver medal.</p>
<p>3</p>	<p>gold medal</p>	<p>further 8 participations (total 20)</p>
		<p>After the successful participation at an IML & IVV cup, the walker receives the common IML & IVV stamp at the last day of the event and is entitled to the respective certificate.</p> <p>After the successful participation at 20 IML & IVV cups, the walker is entitled to the golden medal.</p>

e. **IML & IVV BADGE**

<p style="text-align: center;">Badge</p>	
<p>This IML & IVV badge is as a nice accessory and will help to spread the spirit of the IML & IVV cooperation.</p>	