

November 2019

Bright Horizons at Spotswood

732-251-2686 |

Spotswood@brighthorizons.com | www.brighthorizons.com/spotswood



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Whole Grain Pizza Corn Pineapple	2
3 Daylight Savings Time Ends	4 Turkey Meatballs Peas Pears	5 Whole Grain Macaroni And Cheese Carrots Peaches	6 Turkey And Cheese Wrap Green Beans Apples	7 Whole Grain Baked Ziti Broccoli Oranges	8 Chicken Nuggets Mixed Vegetables Pineapple	9
10	11 Cheese Quesadilla Black Beans Mixed Fruit	12 Beef Stroganoff Egg Noodles Peas Applesauce	13 Egg And Turkey Sausage Carrots Peaches	14 Cheese Pierogi Broccoli Oranges	15 Grilled Cheese Tomato Soup Pears	16
17	18 Chicken Nuggets Corn Peaches	19 Whole Grain Baked Ziti Broccoli Mixed Fruit	20 Smothered Chicken Black Beans Oranges	21 Chicken Taco Peas Pears	22 Turkey Stuffing Mashed Potatoes Corn Applesauce	23
24	25 Chicken Teriyaki Brown Rice Pineapple	26 Turkey Meatballs Broccoli Oranges	27 Lasagna Carrots Applesauce	28 Thanksgiving	29	30