



Jeannette Cathy Children's Center Weekly Menu



Menu Prepared By: Sandra Strother, Kitchen Manager

Approved by: Gemorial Johnson, Director

Week: 02.04.2019	Monday February 04	Tuesday February 05	Wednesday February 06	Thursday February 07	Friday February 08
A.M. Snack	Rice Chex Fresh Bananas Allergy: Gluten-Free Rice Chex Fresh Bananas Infants: Fresh Bananas	Turkey Sausage Pizza Mixed Berries Allergy: Turkey Sausage Pizza Gluten- Free Bread Mixed Berries Infants: Mixed Berries	Pancakes Frozen Blueberries Allergy: Gluten-Free Pancakes Frozen Blueberries Infants: Frozen Blueberries	Sausage Cheese Biscuits Fresh Oranges Allergy: Gluten-Free Toast Turkey Sausage Fresh Oranges Infants: Mandarin Oranges	French Toast Baked Apples Allergy: Gluten-Free French Toast Baked Apples Infants: Baked Apples
Lunch	Chicken Florentine Pasta with Spinach Fresh Pears Allergy: Gluten-Free Penne Pasta with Spinach and Chicken Fresh Pears Infants: Diced Pears	Mixed Vegetable Soup Grilled Cheese Sandwich Tropical Fruit Allergy: Grilled cheese with Dairy-Free Cheese on Gluten-Free bread Tropical Fruit Infants: Tropical Fruit	BBQ Turkey Meatballs Rice Pilaf Medley Frozen Peaches Allergy: Turkey patty/ Whole Grain Brown Rice Medley Frozen Peaches Infants: Frozen Peaches	Mexican Pasta Skillet Garden Green Salad Mangoes Allergy: Mexican Pasta Skillet with Gluten-Free Pasta Garden Green Salad Mango Infants: Steamed Broccoli Mango	Tuna Subs Fresh Carrots Honey Dew Allergy: Turkey Ham Sandwich on Gluten-Free Bread Fresh Carrots Honey Dew Infants: Steamed Carrots Diced Honey Dew
P.M. Snack	$\frac{1}{2}$ Turkey Sandwich Allergy: $\frac{1}{2}$ Turkey Sandwich on Gluten-Free Bread Infants: $\frac{1}{2}$ Turkey Sandwich	Vanilla Yogurt Frozen Strawberries Allergy: Gluten-free Snickerdoodle Cookies Frozen Strawberries Infants: Frozen Strawberries	Strawberry Applesauce Graham Crackers Allergy: Strawberry Applesauce Gluten-Free Rice Chex Infants: Strawberry Applesauce	Bread Sticks Red Bell Pepper Hummus Allergy: Gluten-Free Veggie Chips Hummus Infants: Bread Sticks Red Bell Pepper Hummus	$\frac{1}{2}$ Sun Butter Sandwich Allergy: $\frac{1}{2}$ Sun Butter Sandwich on Gluten-Free Bread Infants: $\frac{1}{2}$ Sun Butter Sandwich

Note: Whole Milk for Infants & Toddlers. 1% Milk for Early Preschool, Preschool, Kindergarten Prep, & Camp when present.

Note: Fruits will be fresh, frozen or packed in fruit juice.

Note: Menu subject to change based on availability.