

Bright Horizons at Military Trail News

From the Director

Thanksgiving

Everyone knows that this holiday was first celebrated in gratitude for a good harvest in their New Land by the puritan Pilgrims.

It is significant because it has also come to celebrate the diversity for which the New World is known; the Native American Tribes were invited to the first feast because their knowledge helped the newcomers prosper. History, however describes how subsequently they were treated very differently to say the least.

This Thanksgiving may we all practice acceptance and tolerance and show appreciation for others contributions so that one day we can celebrate peace.

Important Dates

November 16, Classroom
Thanksgiving Celebrations

November 26-30

Art Auction

November 22 & 23

School Closed

Reasons to Celebrate

Lorenzo 11/05

Alejandra 11/06

Peyton 11/06

Avik 11/10

Matthew 11/17

Cameron 11/21

Bright Horizons at Military Trail

7245 S. Military Trail, Lake Worth, FL 33463

561-969-9025 | mili@brighthorizons.com

M-F 6:30 AM -6:30 PM

CLASSROOM HIGHLIGHTS

Infant Our World

Our infants discover the world around through their senses- primarily of course how articles feel in the mouth; exploring alongside others allows children to begin socializing. They will not necessarily make friendships yet but they will recognize familiar faces and move towards each other.



Toddler/Twos Our World

At this age children are becoming more inclined to play cooperatively but need opportunities to practice this skill. By setting up paired activities we can promote interactive play and communication.



Preschool Our World

Our community helpers give the children an understanding of the bigger social picture. The Fire Fighters of Lake Worth brought a fire truck for the children to walk through and learn about the work that fire fighters do. This is one way that children can figure out how the world works and the part they play.



Kindergarten Prep Our World

Fall is a wonderful opportunity for children to become their fantasy and explore role play. It's also an open invitation to families to join us in our school celebration. These type of activities promote a tight knit community where children feel valued.



EDUCATION NEWS

Learning a New Language: A Family Activity that Lasts a Lifetime

Our country is a beautiful melting pot of people from all over the world. As we know, there are many different languages spoken on earth. Being able to talk to each other is an essential path to build bridges. Also, having the ability to communicate with people who speak a different language encourages cross-cultural understandings, which opens the door to new friendships. Think about how welcome someone feels when your family smiles and says hello in their native language. Have you ever considered learning a foreign language along with your child?

Research shows that exposing young children to different languages taps into their innate ability to distinguish sounds, which enhances their growing cognitive skills. Because young children generally learn a new language more quickly than adults, your child might take the lead. There are many language learning opportunities online, from interactive exercises that teach language to watching YouTube videos. Some are even free, while others require purchasing a program. Two recommended websites:

Duolingo

www.duolingo.com offers interactive lessons in Spanish, French, Italian, German and Portuguese.

Mamma Lisa's World of Children and International Culture

www.mamalisa.com offers poems, songs, rhymes and traditions from around the world, in over 57 languages.

As you begin learning a language together, you might delve into the culture of the countries where the language is spoken, pick up children's books in that language or prepare a traditional recipe from that country.

Everything we do as a family builds a stronger, more caring, cohesive unit. Practicing a new language broadens our view of the world. It's fun and can be done anywhere: while taking walks, commuting, playing a game, listening to music, dancing, dining, reading bilingual books, and watching a movie.



BRIGHT HORIZONS NEWS

Thanksgiving Prep - Tips for Involving Kids



- 1) Make the cranberry sauce with the kids the weekend before Thanksgiving. It will keep and it allows you to include the children in the cooking process.
- 2) Have the kids make place cards together. Give them index cards, markers, crayons and stickers. Older children can write the names, inventive spelling and all, while younger children can decorate with stickers.
- 3) Try to find the easiest Thanksgiving worthy appetizers you can that the children can help prep by counting crackers, opening jars, and arranging plates.
- 4) Ask them to be taste testers and enjoy your Thanksgiving meal!

Podcasts for Parents on the Go

Did you know that Bright Horizons has a podcast? Navigate your parenting journey with our podcast series created with working parents in mind.

Tune into our podcast, ***The Work-Life Equation***, to hear about parenting, caregiving, and balancing work with everyday life. Whether you're a working or stay-at-home parent, you're likely always on-the-go. But throughout the daily hustle and bustle, you have questions, concerns, and simply need support.

Our parenting and education experts are here to help you navigate the parenting journey with an "on-the-go" podcast you can listen to when convenient for you.

Browse our episode selection at brighthorizons.com/family-resources/podcasts



Check out all the places you can connect with us!