

Young Explorers at United Therapeutics

Menu for Week of:

January 14-18

Day	Morning Snack	Lunch	Afternoon Snack
Monday	Bran flakes* Diced pears Milk	Sloppy Joes on slider bun* Potato salad, Apple wedges (oranges) Milk	Cheese Crackers
Tuesday	Special K Asian pears Milk	Chicken w/ gravy Stovetop stuffing Green beans Diced peaches Milk	Goldfish crackers* Mandarin oranges
Wednesday	Toasted oats* Tropical fruit w/pineapple & papaya Milk	Homemade cheese pizza Pickled beets Applesauce Milk	String cheese Apples (pears)
Thursday	Oatmeal muffin squares* Bananas Milk	Cheese quiche Orange wedges Green salad w/carrots (carrots) [honey French] Milk	Corn tortilla chips (crackers) Bean dip
Friday	English muffins* w/jelly Pineapple tidbits Milk	Salmon cakes [tartar sauce] Breadsticks* Broccoli Bananas Milk	Pumpkin muffin squares* Mandarin oranges



- Meal service provided by the CCSA
- Unflavored whole milk must be served to 1 year olds; unflavored low-fat or fat-free milk must be served to children 2 through 5 years old.
- Substitutions provided for age group restrictions as well as medical needs/documentated family preferences
- *Designates Whole Grain Rich

Parents: This menu is subject to change without notice due to deliveries and emergencies.

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