

Jamaica Packing List

Beach Items

- Swimsuit (2)
- Flip flops
- Beach towels
- Blow-up mats/floaties (typically leave behind) if you have your own snorkeling equipment, great!
- Sunscreen and aloe lotion
- Hat or visor
- Sun glasses
- Books, cards and games
- Ipod/Ipad

Clothing Items

- You will want lighter weight pants jeans tend to be too heavy
- Shorts
- T-shirts
- Tank tops
- Sandals
- Sun dress
- Capris

For the Work Site - bring things that you don't mind getting ruined!!

- Closed toe shoes (like sneakers or work boots) these will get very dirty
- Socks
- Shorts
- T-shirts
- Work gloves
- Paint brushes please bring a minimum of 2 each and at least 2 inches wide
- If you have any of the following you would like to bring and donate, these items come in very handy: hammers, pliers, box cutters, tape measure, duct tape, stone/wood chisel, paint rollers and handles, paint scrapers, screw drivers, wood saw. NOTE: These must all go into your checked luggage.

Toiletries

- Contact solution
- Tooth brush/paste
- Eye glasses, spare contact lenses
- Deodorant
- First aid kit/supplies (like band aids, etc.)
- Tums, Tylenol PM, anti diarrhea, aspirin or ibuprofen and any <u>prescriptions</u> (you simply cannot get a prescription filled there)
- Soap
- BUG SPRAY!!! (Don't leave home without it!)
- Benadryl or some kind of anti-itch cream

Misc.

- Passport and a photo ID
- Put snacks in your carry-on you are going to want them!!!
- Lots of single bills (\$1s) and \$5s and \$10s great for tips and going on those short cab rides or splitting a bill (example: \$50 in ones, \$50 in fives, and \$50 in tens)
- Credit card and/or debit card



- Zip lock bags (to hold your wet suit, open food items, etc.)
- Camera and an underwater camera if you want

Things you probably won't need:

- Any loose change (silver) it does not work down there
- Leave your expensive jewelry at home