

BRIGHT HORIZONS at Schaumburg

What's on the Menu?



Week # 4	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	<ul style="list-style-type: none"> Whole Grain Pancakes Cottage Cheese Bananas Organic milk 	<ul style="list-style-type: none"> Hard Boiled Eggs Wheat Bread Mandarin Oranges Organic milk 	<ul style="list-style-type: none"> Life Cereal Corn Muffins Mandarin Oranges Organic milk 	<ul style="list-style-type: none"> Yogurt English Muffin Peaches Organic Milk 	<ul style="list-style-type: none"> Whole Grain Biscuits Vegetarian Sausage Pears Organic milk
LUNCH	<ul style="list-style-type: none"> Salmon & Pasta In Cream of Tomato Sauce Capri Vegetable Blend Cantaloupe Organic milk Pasta & Tomato Sauce 	<ul style="list-style-type: none"> Teriyaki Chicken Brown Rice Vegetable Medley Pineapple Organic milk Cheese Quesadilla 	<ul style="list-style-type: none"> Cheese Lasagna Wheat Brad Asparagus Honeydew Organic milk Cheese Lasagna 	<ul style="list-style-type: none"> BBQ Turkey Meatballs Wheat Rolls Cauliflower Mixed Melon Organic milk Vegetable Patty 	<ul style="list-style-type: none"> Grilled Cheese On Wheat Bread Sweet Potato Fries Mixed Vegetables Mixed Fruit Organic milk Grilled Cheese
AFTERNOON SNACK	<ul style="list-style-type: none"> Yogurt Cinnamon Raisin Bread Fresh Water 	<ul style="list-style-type: none"> Pear Slices Graham Crackers Water 	<ul style="list-style-type: none"> String Cheese Soft Pretzels Water 	<ul style="list-style-type: none"> Oyster Crackers Bananas Water 	<ul style="list-style-type: none"> Apple Slices Nutrigrain Bars Water

We Serve Healthy Meals

- Vegetarian meal options available
- Fresh fruits and vegetables served daily
- All meals are baked, not fried
- Proteins include chicken, turkey, beef, tofu, cheese, and beans
- Organic whole milk served to infants and toddlers
- Organic 1% milk served to young preschool, preschool, and kindergarten prep
- All meals included in the tuition
- All meals served family style

I/T: Infant/Toddler Alternative

V: Vegetarian Alternative

