

# Feb-18

Name:

\$3.30 per lunch



Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
			Sunflower Butter & Banana on Wheat, Broccoli, watermelon	Turkey & Cheese on Wheat, Peas, Apples
			Turkey Meat loaf, Mashed potatoes, Broccoli, Sliced Watermelon	Whole Wheat Cheese Pizza and peppers, Peas, Apple Slices
5	6	7	8	9
Cottage Cheese, Crackers, Cucumbers, Bananas	Fresh Fruit Salad w/ yogurt, Green beans, Whole Wheat Pita	Turkey, Ham & Cheese w/ Crackers, Mixed Veg, pineapple	Sunflower Butter & Banana on Wheat, Peaches, Zucchini	Zucchini Bread w/ Cream Cheese, Cucumbers, Mixed Fresh Fruit
Chicken Broccoli Ziti Casserole, Bananas	Baked Fish Nuggest, Green Beans, French Fries, Fresh Fruit Salad	Egg & Cheese on Wheat English, Mixed Veg, pineapple	Baked Ham, Zucchini, Scalloped Potatoes, Peaches	Turkey Burrito, Cucumbers, Fruit salad (Salsa,Guacamole on side)
12	13	14	15	16
Fiesta Rice salad & Fresh fruit salad	Caribbean Casserol with Fresh Fruit Salad	Banana bread w/ cream cheese & mixed vegetables, apple	Egg Salad on Wheat, Carrots, Peaches	Turkey, Ham & Cheese w/ Crackers, Broccoli, Sliced Watermelon
Macaroni & Cheese, Peas, fruit salad	Turkey Hot Dog Roll, Fresh Fruit Salad, Corn	Chicken Tiki Masala, Rice, Naan Apple, Mixed Vegetables	Chicken Veggie Stir Fry, Rice, Carrots, Peaches	Ziti & Eggplant Meatballs w/ Vegetable Marinara, broccoli, watermelon
19	20	21	22	23
Cubed Turkey, Ham and Cheese w/Whole wheat Crackers, Corn, Mangos	Fiesta Rice salad & Fresh fruit salad	Turkey & Cheese on Wheat, Peas, Pineapple	Fresh Fruit Salad w/ yogurt, carrots, Whole Wheat Pita	Zucchini bread w/ cream cheese & green beans, peaches
Cheese Quesadilla with black beans , Corn, Spanish Rice, Mangos	Chicken Noodle Soup, Whole Wheat Roll Fresh Fruit Salad	Rajma, Naan, Peas, Pineapple	Roast Turkey,Carrots, Mashed Potatoes, Mixed Fruit	Chicken Patty w/cheese on Wheat Bun, green beans, peaches, Lett&Tomato on side
26	27	28		
Cottage Cheese, Crackers, Cucumbers, banana	Chicken Salad on Whole Wheat, mixed fruit, Fresh Fruit Salad	Zucchini bread w/ cream cheese & Peas, watermelon		
Baked chicken nuggets, Cucumbers, banana	Egg & Cheese on Wheat English, mixed veggie & fruit salad	Chicken Patty w/cheese on Wheat Bun, peas, watermelon, Lett&Tomato on side		

**We have these options available everyday:**

Hot: Grilled Cheese on Wheat with vegetable and fruit

Cold: Fruit Salad with Yogurt & vegetable